Plumber
Retired Plumbing Contractor
available for small jobs
Specializing in Poly-B
water line replacement
Dennis
250-253-9479



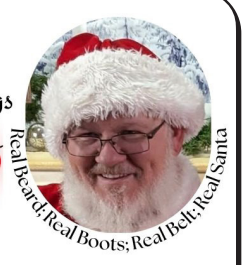

FOOTCARE
delivered to your home, care facility or hospital
• Foot Assessments
• Nail Cleaning
• Trimming, Filing, Reduction
• Treatment of Corns and Cllouses
• Diabetic Footcare
• Client Education
LIZA FEDECHKO LPN, FCN
LIZA'S FOOT CARE
250-319-5006 | Lizafedechko@hotmail.com



ROYAL LEPAGE
Access Real Estate
ROYAL LEPAGE NATIONAL TOP 10% 2024 & 2025
ROYAL LEPAGE DIAMOND AWARD 2025

YOUR AWARD WINNING SHUSWAP REALTOR®
Alycia Butler
(250) 241 - 9797
www.AlyciaButler.com



Santa
is available for bookings


Corporate Parties
Private Parties
In-Home Visits
Daycares
Seniors' Centers
And more...
604-704-5865



ez-vape®
SALMON ARM
10% OFF
MENTION COFFEE NEWS IN STORE FOR DETAILS
Unit 600-10th Ave SW | (236) 836-2393



Heritage House Jewellers
GOLD BUYER
Westgate Public Market
2090-10 Ave. SW, Salmon Arm
250-832-6933
Home Visits by Appointment



Shuswap Hearing CLINIC
Locally Owned, Trusted, Experienced.
As the Shuswap's only independent locally owned and operated hearing clinic - we always put you first. Providing **trusted care, personalized solutions, and the best prices in the Shuswap.**
Why Choose Us?
• We're not a chain - we're your neighbours.
• Providing trusted expertise for nearly a decade in the Shuswap.
• We remove ear wax safely and comfortably - with years of expertise and specialized tools, so you can hear life at its best.
• We carry the latest cutting-edge technology for all major brands, so you get the best option that suits your needs... **all at the best prices!**
**Ready to Hear the Difference?**
**Call Today! 250-838-4008**
★Proudly Recognized with 5-star reviews from our patients!★



*New Issue Every Week!*
FREE! Coffee News®


*"Bringing People, Families, and Communities Together."*
Salmon Arm Shuswap Edition
604-704-5865
kamloopsshuswapcoffeenews.com
Coffeenewstns@gmail.com
Volume 3:34 November 9, 2026


# Everybody's Talking!

**Scent mastery:** In Duncanville, Texas (U.S.), a small barbecue spot is run by a barbecue cook who works without sight. After losing his vision, Christopher Jones learned to depend on his other senses, checking heat, seasoning, and timing through touch, sound, and especially smell. Family recipes gave him a starting point, refined through practice instead of exact measuring. Many customers are surprised to learn the brisket and ribs were cooked without the chef seeing the grill or the meat. The kitchen is kept simple, built around routine and familiarity. Cooking became both his livelihood and a way to show how people adapt. Guests often leave thinking about the care put into the food as much as the flavour.

**Grain revival:** In Skowhegan, Maine (U.S.), an old county jail has found new life as the centre of a growing regional grain economy. Maine Grains operates its stone mill inside the former Somerset County Jail, producing wheat, oats, rye, buckwheat, and other grains sourced from Northeast farmers. The company grew from efforts to revive a New England tradition that had faded as grain farming and milling scaled in a more corporate direction. By creating vibrant new markets for locally grown grains, Maine Grains supports farmers and food businesses throughout the region. Visitors can tour the mill and then taste the results at The Miller's Table, a café in the same former jailhouse featuring Maine Grains products. Visit www.mainegrains.com and shop online with coupon code COFFEENEWS for a 10% discount through December 31st; limit one order per customer.

**Snail revival:** On Norfolk Island, Australia, a snail species once written off as gone for good is getting a second chance. After years without sightings, a sharp-eyed local shared a photo that caught the attention of researchers who recognized the snail right away. A small group was later found living in a protected patch of land and moved to a zoo for careful breeding. The work moved slowly, but the population steadily grew. Once numbers were strong enough, the snails were brought back to the island and released into sheltered areas. Rangers now keep an eye on the habitat while managing threats from invasive animals. The snails have become harder to spot, which is often a sign they're spreading out and settling in.

**Shared card:** In the U.S., two childhood friends have been sending the same birthday card back and forth for decades. It started when one girl gave the card to the other after they became friends at school. Each year, the card is signed again and mailed back, slowly filling with notes and dates. Even as they moved to different places and life changed around them, the card kept making its trip. The picture on the card never changed, but the meaning did. Most birthday wishes today are done through social media, but this card still arrives through the mail. It gives them a reason to reconnect, pause for a moment, and remember how their friendship began in a much simpler time.

# Quoteable Quotes

"You can't be brave if you've only had wonderful things happen to you." — *Mary Tyler Moore*

"You cannot find peace by avoiding life." — *Michael Cunningham*

# What's Happening

**Are you 50+. Just Enjoy singing for the sheer enjoyment.** Want to meet some new people? Come out to the 5th Avenue Seniors Centre in Salmon Arm every Friday at 9:30 am. (we start singing at 9:45 and go for approx.2 hours). Cost is $2.00 which goes directly to the centre. We would love to see you. For further information you can call the centre at 250 832-1065

**Shuswap Writers' Group:** Meet every 1st & 3rd Wednesday from 11 am to 1 pm at Picadilly Mall in Admin boardroom. Coffeehouse will be every 4th Friday from 2 pm to 4 pm at First Community Church. Shuswap Writers' Group. 250-318-9551

**The Shuswap Photo Arts Club** meets on the second and fourth Mondays at the Fifth Avenue Seniors Centre in Salmon Arm at 7pm. Visitors are welcome. More information on the club's website at www.shuswapphotoarts.com/

**Are Religions linked: from a Baha'i perspective.** Everyone Welcome. Saturday November 14 at 1 PM in the Piccadilly Boardroom (across from the office). For more info 250-804-8657

# Trivia

1. Which actress stars as Wednesday Addams in the Netflix series *Wednesday*?
2. Which tennis tournament is played annually on grass courts in London?
3. Which baseball legend was nicknamed "The Iron Horse"?
4. A group of lions is called a _____.
5. Which board game includes Mediterranean Avenue and the Short Line Railroad?

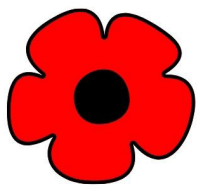
*(Flip bottom of page for answers)*

© Published with Permission by Tracy Taylor

**(Over)**


TANGLES SALON
WE'RE HIRING!
We are in search of another experienced stylist to join our team. 5+ years preferred.
If you're interested, we'd love to meet you!
Find us in Piccadilly Mall, 1151 10th Ave. SW, Salmon Arm



*November 11th is...*
*Remembrance Day*






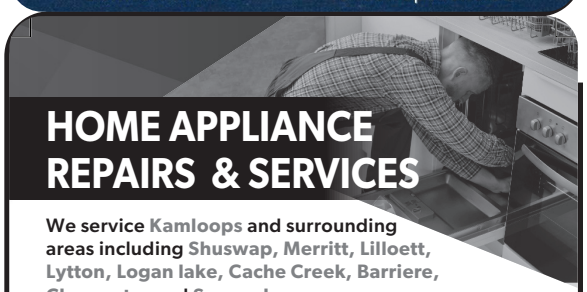


THIS SPACE FOR RENT
604-704-5865



YOUR LOCAL TECH WIZARDS
Computers
Smartphones
Tablets & iPads
Micro Soldering
Scheduled House Appointments
236-896-0809
SHUSWAP TechSolutions
356 Alexander ST NE Salmon Arm
hello@shuswaptechs.ca
shuswaptechs.ca




HOME APPLIANCE REPAIRS & SERVICES
We service Kamloops and surrounding areas including Shuswap, Merritt, Lilloett, Lytton, Logan lake, Cache Creek, Barriere, Clearwater and Sunpeaks.
GORD'S APPLIANCE + MATTRESS CENTRE Your Service Experts!
948 Tranquille Road, Kamloops,BC
gordskamloops.ca Phone:250-376-5353



Give them a Gift Box.
Use coupon code COFFEE for $5 off!


KamloopsGiftBaskets.ca
778-220-8634





WE HAVE THE PERFECT MATTRESS FOR YOU
GORD'S APPLIANCE + MATTRESS CENTRE Your Service Experts!
948 Tranquille Road, Kamloops,BC
gordskamloops.ca Phone:250-376-5353

# Your Weekly Horoscopes

**ARIES**
**(March 20 – April 19)**



*You may encounter a stalemate in your relationship for the next couple of weeks. Finding a compromise may require you to more fully understand the needs of your partner. Lucky numbers: 5, 8, 24, 31, 41, 3.*

**TAURUS**
**(April 20 – May 20)**



*A new opportunity may emerge for you this week. However, it may require you to avoid any stubbornness, particularly when you are speaking to others about your goals. Lucky numbers: 10, 17, 18, 28, 34, 2.*

**GEMINI**
**(May 21 – June 20)**



*Your thoughts and emotions may be pulling in two different directions at mid-week. See if you can reconcile the two. If not, wait a few days for this dynamic to pass. Lucky numbers: 1, 16, 22, 28, 36, 2.*

**CANCER**
**(June 21 – July 22)**



*Your usual nurturing style may not be sufficient at mid-week to achieve what you desire. Radiating a stronger sense of personal authority may be necessary for you to be successful. Lucky numbers: 12, 18, 20, 29, 35, 2.*

**LEO**
**(July 23 – Aug. 22)**



*Attending a social event held at mid-week can be a pleasant experience for you. If you are looking for a new romantic partner, a new opportunity may present itself now. Lucky numbers: 5, 17, 18, 24, 38, 4*

**VIRGO**
**(Aug. 23 – Sept. 22)**



*Virgos can sometimes be accused of being all work and no play. At mid-week, be flexible and open to the potential of something new that can bring you more joy. Lucky numbers: 3, 16, 19, 31, 40, 1.*

**LIBRA**
**(Sept. 23 – Oct. 22)**



*If your relationship has felt stuck recently, this dynamic will start to slowly move forward at mid-week. Address any hidden issues that contributed to the pattern that is ending now. Lucky numbers: 24, 27, 29, 33, 35, 5.*

**SCORPIO**
**(Oct. 23 – Nov. 21)**



*Early this week, sow the seeds of a new endeavor and begin to initiate the effort that can help achieve it over time. Communicate with others about your goals now. Lucky numbers: 4, 11, 13, 28, 31, 6.*

**SAGITTARIUS**
**(Nov. 22 – Dec. 21)**



*Your natural enthusiasm may be heightened for a few days at mid-week. Use this energy to advance what you desire. Carefully balance the risk and reward when making choices. Lucky numbers: 1, 4, 5, 9, 20, 3.*

**CAPRICORN**
**(Dec. 22 – Jan. 19)**



*Capricorns usually have ambition to achieve goals that provide a strong and lasting foundation for what they value. At mid-week, you may have an energy boost in this regard. Lucky numbers: 3, 19, 37, 38, 39, 12*

**AQUARIUS**
**(Jan. 20 – Feb. 18)**



*The end of the week is a good time to focus on your dream for humanity's evolution. What small step can you take now to contribute to this long-term vision? Lucky numbers: 6, 12, 21, 30, 40, 2.*

**PISCES**
**(Feb. 19 – March 20)**



*Pisces can sometimes dream of castles in the sky that are difficult to build in reality. A change in your perception this week may help you communicate your plans to others. Lucky numbers: 2, 14, 16, 18, 27, 21.*

Lucky numbers this week: This week's odds favor Sagittarius winners with the luckiest number being 9.

# Did You Know...

**Seafloor furnaces:** Some deep-ocean vents blast out mineral-rich water heated far beyond what the sunlit surface ever sees. These openings in the seafloor can reach temperatures high enough to liquefy lead, creating pockets of extreme underwater heat.

**Online origins:** The letters "HTTP" stand for Hypertext Transfer Protocol, the familiar text seen at the start of many web addresses. It's a simple system that helps computers load information, becoming one of the basic tools behind early web pages.

**Midnight miles:** In Tromsø, Norway, runners take part in the Midnight Sun Marathon, a race held late at night during summer. Because the town is so far north, the sun stays visible even after midnight, so the course is run with the sun overhead.

**Tropical ice:** Even near the equator, glaciers can exist in warm regions. They survive by forming high on mountaintops, where temperatures stay cold enough for snow to compress into slow-moving ice despite tropical conditions below.

**Stone pioneer:** Africa's oldest standing stone building is the Pyramid of Djoser. Built as a royal tomb, its stacked design introduced a new approach to monument building and later shaped how Egyptian pyramids were made.

# On the Lighter Side

Knock! Knock! *Who's there?* Iota. *Iota who?* Iota leave.

What do sea monsters eat for lunch? Fish and ships.

I have a friend who is a very tall blade of grass. He's easily swayed.

Did you see that movie about punctuation? It was a period piece.

Father: Did you do well on your spelling test?
Son: Sorry, words failed me.

## Answers

**Trivia answers:** 1. Jenna Ortega 2. Wimbledon 3. Lou Gehrig 4. Pride 5. Monopoly

## Brain Teaser #10

**ICEM**

**What identical 3-letter set can go before and after this to make a 10-letter word?**

Solution

ENT – enticement

Pam Hutton 2026 | www.puzzlebeetle.co.nz


INTERACTIVE ADVENTURES
INTERACTIVE-ADVENTURES.COM
See new places Try new things Meet new people
Small Group Trips. Big Adventures. Kamloops Departures
Borneo: 12-day trip, Tropical Rain Forest & Beaches, March 2027
Sunshine Coast: Train, Float Plane, Ferry, Kayaking, May 2027
Great Bear Rain Forest: Grizzly Bears, Natural Hot Springs, Aug 2027
james@interactive-adventures.com 250-879-0873

Repair Cafe
the SHUSWAP makerspace
SHUSWAP COMMUNITY FOUNDATION
Broken? Bring it in!
Saturday, November 21, 2026
10:00 am-3:00 pm
Repairs by donation, including sewing, small appliances, basic woodwork and electronics.
Reuse * Reduce Waste * Repair
Lower Level
220 Shuswap Street NE
Salmon Arm
If you have questions please reach out to us at 778-404-1253 or by email to shuswapmakerspacecoordinator@gmail.com

State of the Art Digital Denture Clinic Includes:
•3D modeling •3D printing •Intraoral scanning •Milling
-Offering services for all your denture needs:
•Full upper/lower dentures • Immediate dentures
•Partial dentures •Implant retained dentures
•Relines/rebases •Repairs
•Professional denture cleaning
•Teeth whitening •Mouth guards
INNOVATION DENTURE CENTER
**Able to do mobile appointments if needed**
Denturist: Trista Ford RD, DD
741 Sahali Terrace, Suite #100, Kamloops, BC V2C 6X7
(Kamloops Surgical Centre building)
info@denturecenter.ca | denturecenter.ca | 778.362.2211

J.R. WATKINS
Since 1868 TRADE MARK
Now Available at:
Eye Candy Endless Emporium
717 Shuswap Ave.
Chase, BC
Goodness Blind Bay
Health Foods
2417 Golf Course Dr.
Blind Bay
Order online at:
www.respectedhomeproducts.com/5043827
604.314.5559




YEAR ROUND RV SITES
PONDEROSA PINES
250-577-3468 ponderosapinesrv@hotmail.ca
New Long Term RV Sites
Now Available
• Rural Setting, Walking/Hiking Trails
• 10 Minutes from Chase, 25 Minutes from Kamloops
• New Municipal Grade Water, Sewer and 50 AMP Power
• Boat/Trailer Storage Available
Ponderosapinesrvpark.ca 250-577-3468


Enter to Win
Identify the ad where the Coffee News® Guy is hidden for your chance to win!
Enter Contest at:
Coffeenewstns@gmail.com
Enter your name, phone number, where the Coffee News guy is hiding, the issue date and your city location
ACTUAL SIZE

THIS SPACE FOR RENT
604-704-5865

Need a DJ?
Mobile Entertainment Kamloops
Trivia • DJ Services • Karaoke
mobileentertainmentkamloops@hotmail.com
Don Taylor: 604-704-5865

SILENT AUCTION
the SHUSWAP makerspace
Gift Giving season will be here before you know it! Check out what our volunteer elves have been busy making in our workshops.
FIND ITEMS LIKE THESE & MUCH MORE!


PICADILLY MALL
NOVEMBER 27 ~ 9:00 A.M. - 5:00 P.M.
NOVEMBER 28 ~ 9:00 A.M. - 3:00 P.M.
www.shuswapmakerspace.ca

Congratulations

to our October $50 gift card contest winner...
Steve Oryschak!

For available franchise opportunities – visit www.coffeenewsfranchise.com
© Published with Permission by Tracy Taylor