New Issue Every Week!

FREE! **Coffee News®**



"Bringing People, Families, and Communities Together."

Salmon Arm Shuswap Edition

604-704-5865

kamloopsshuswapcoffeenews.com
Coffeenewstns@gmail.com

Volume 3:33 November 2, 2026

Everybody's Talking!

Light signals: Researchers are testing a small wireless implant that sends information straight into the brain using light instead of the body's usual senses. Rather than relying on touch, sight, or sound, the device delivers simple light patterns that the brain can learn to recognize as meaning. In lab tests, animals were able to respond to these signals and make choices without any normal sensory input. The system builds on earlier work but allows more flexible communication across different brain areas. Scientists think this could one day help people regain lost sensations or improve how prosthetics respond. For now, it offers a clearer look at how the brain learns to interpret new kinds of signals.

Sea harvest: Along the coast in China, engineers are testing a system that pulls more than just drinking water from seawater. The facility cleans ocean water for everyday use while also producing hydrogen fuel as a side output. It relies on renewable energy and reuses industrial heat, keeping the process efficient without heavy fuel demands. Leftover brine isn't dumped back into the sea but collected for other industrial uses. This approach cuts costs and creates less waste than older desalination systems. If it scales well, it could change how coastal cities think about water and energy at the same time. For coastal regions, it offers one way to meet demand without leaning harder on freshwater supplies.

Stone return: In Luxor, Egypt, two huge statues made for an ancient ruler are standing upright again after many years of careful work. They once guarded a large temple but were broken into pieces by an earthquake long ago. Restoration teams studied the fragments one by one, recording where each belonged before raising the statues again. One figure keeps more of its upper body, while the other fills in missing lower sections, helping both feel complete. The statues were carved from local alabaster and still face the rising sun. Specialists followed strict conservation rules throughout the process. Today, the restored figures give a clearer picture of the temple's original scale and purpose for visitors.

Arctic adoption: Along Western Hudson Bay in Manitoba (Canada), researchers filmed a female polar bear moving with two cubs, including one that wasn't her own. Follow-up checks showed the extra cub had been taken in, something that doesn't happen often with polar bears. Scientists studying the area say cubs can sometimes end up with a different mother during crowded migration periods. In this case, the adult stayed with and protected both young bears through difficult conditions. That kind of care makes a real difference, since cubs on their own rarely survive in the Arctic. The short video offered a rare glimpse of a gentler side of polar bear behavior, one not often seen in the wild.

Quoteable Quotes

"Nothing is a waste of time if you use the experience wisely."
— Auguste Rodin

"The privilege of a lifetime is being who you are."
— Joseph Campbell

What's Happening

Are you 50+. Just Enjoy singing for the sheer enjoyment. Want to meet some new people? Come out to the 5th Avenue Seniors Centre in Salmon Arm every Friday at 9:30 am. (we start singing at 9:45 and go for approx.2 hours). Cost is $2.00 which goes directly to the centre. We would love to see you. For further information you can call the centre at 250 832-1065

Shuswap Writers' Group: Meet every 1st & 3rd Wednesday from 11 am to 1 pm at Picadilly Mall in Admin boardroom. Coffeehouse will be every 4th Friday from 2 pm to 4 pm at First Community Church. Shuswap Writers' Group. 250-318-9551

The Shuswap Photo Arts Club meets on the second and fourth Mondays at the Fifth Avenue Seniors Centre in Salmon Arm at 7pm. Visitors are welcome. More information on the club's website at www.shuswapphotoarts.com/

Are Religions linked: from a Baha'i perspective. Everyone Welcome. Saturday November 14 at 1 PM in the Piccadilly Boardroom (across from the office). For more info 250-804-8657

Trivia

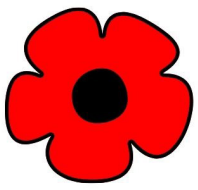
1. Which actor played the title character in the *Forrest Gump* movie?
2. What is the name of the coffee shop frequently visited by the characters on *Friends*?
3. The 2024 Summer Olympics were held in this European city.
4. Which U.S. Founding Father appears on the $10 bill?
5. A baby kangaroo is called a _____.

(Flip bottom of page for answers)

© Published with Permission by Tracy Taylor

(Over)

November 11th is...
Remembrance Day









HOME APPLIANCE REPAIRS & SERVICES
We service Kamloops and surrounding areas including Shuswap, Merritt, Lilloett, Lytton, Logan lake, Cache Creek, Barriere, Clearwater and Sunpeaks.
– GORD'S – APPLIANCE + MATTRESS CENTRE Your Service Experts!
948 Tranquille Road, Kamloops,BC
gordskamloops.ca Phone:250-376-5353

THIS SPACE FOR RENT
604-704-5865

Exposure, Exposure, Exposure!
When they need your services they will **THINK** of you!
Coffee News®
604-704-5865



FOOTCARE
delivered to your home, care facility or hospital
• Foot Assessments
• Nail Cleaning
• Trimming, Filing, Reduction
• Treatment of Corns and Cllouses
• Diabetic Footcare
• Client Education
LIZA FEDECHKO LPN, FCN
LIZA'S FOOT CARE
250-319-5006 | Lizafedechko@hotmail.com

ROYAL LEPAGE Access Real Estate
ROYAL LEPAGE NATIONAL TOP 10% 2024 & 2025
ROYAL LEPAGE DIAMOND AWARD 2025
YOUR AWARD WINNING SHUSWAP REALTOR®
Alycia Butler
(250) 241 - 9797
www.AlyciaButler.com

Santa
is available for bookings
Corporate Parties
Private Parties
In-Home Visits
Daycares
Seniors' Centers
And more...
Real Beard, Real Boots, Real Belt, Real Santa
604-704-5865

YOUR LOCAL TECH WIZARDS
Computers
Smartphones
Tablets & iPads
Micro Soldering
Scheduled House Appointments
236-896-0809
SHUSWAP TechSolutions
356 Alexander ST NE Salmon Arm
hello@shuswaptechs.ca
shuswaptechs.ca

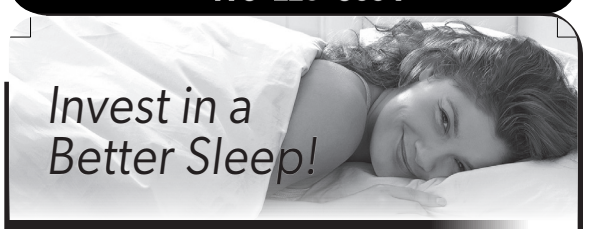


SWEATER WEATHER
Canadian Homegrown Yarn Here in Tappen @ disderoranch.com
Disdero Ranch YARN SHOP
CERTIFIED CANADIAN WOOL
604-219-8601

Give them a Gift Box.
Use coupon code COFFEE for $5 off!



KamloopsGiftBaskets.ca
778-220-8634



Invest in a Better Sleep!
WE HAVE THE PERFECT MATTRESS FOR YOU
– GORD'S – APPLIANCE + MATTRESS CENTRE Your Service Experts!
948 Tranquille Road, Kamloops,BC
gordskamloops.ca Phone:250-376-5353

ez-vape®
SALMON ARM
10% OFF
MENTION COFFEE NEWS IN STORE FOR DETAILS
Unit 600-10th Ave SW | (236) 836-2393

Heritage House Jewellers
GOLD BUYER
Westgate Public Market
2090-10 Ave. SW, Salmon Arm
250-832-6933
Home Visits by Appointment

Shuswap Hearing CLINIC
Locally Owned, Trusted, Experienced.
As the Shuswap's only independent locally owned and operated hearing clinic - we always put you first. Providing **trusted care, personalized solutions, and the best prices in the Shuswap.**
Why Choose Us?
• We're not a chain - we're your neighbours.
• Providing trusted expertise for nearly a decade in the Shuswap.
• We remove ear wax safely and comfortably - with years of expertise and specialized tools, so you can hear life at its best.
• We carry the latest cutting-edge technology for all major brands, so you get the best option that suits your needs... **all at the best prices!**
Ready to Hear the Difference?
Call Today! 250-838-4008
★Proudly Recognized with 5-star reviews from our patients!★

Brain Teaser #9

What common phrase does this rebus represent?

EILN PU

Solution

(letters of LINE UP in alphabetical order)
Line up in alphabetical order

Pam Hutton 2026 | www.puzzlebeetle.co.nz



New Long Term RV Sites Now Available

- Rural Setting, Walking/Hiking Trails
- 10 Minutes from Chase, 25 Minutes from Kamloops
- New Municipal Grade Water, Sewer and 50 AMP Power
- Boat/Trailer Storage Available

Ponderosapinesrvpark.ca 250-577-3468



Enter to Win

Identify the ad where the **Coffee News®** Guy is hidden for your chance to win!

Enter Contest at:
Coffeenewstns@gmail.com
Enter your name, phone number, where the Coffee News guy is hiding, the issue date and your city location
ACTUAL SIZE ➔

THIS SPACE FOR RENT

604-704-5865

INTERACTIVE ADVENTURES
INTERACTIVE-ADVENTURES.COM

See new places Try new things Meet new people

Small Group Trips. Big Adventures. Kamloops Departures

Borneo: 12-day trip, Tropical Rain Forest & Beaches, March 2027
Sunshine Coast: Train, Float Plane, Ferry, Kayaking, May 2027
Great Bear Rain Forest: Grizzly Bears, Natural Hot Springs, Aug 2027

james@interactive-adventures.com 250-879-0873

Testimonials:

Thank you Coffee News for the great free entertainment & enjoyment. It's always fun to pick up the latest copy when I stop by my local Tim Hortons. In this fast-paced, ever changing digital world – it's a great comfort to be able to hold some old timey printed paper. I savour reading every word and scanning the ads. I hope you'll always be around for this gen-Xr – and for future generations. – Don-Ray, Canada

Want to see your testimonial in print? Email coffeenewstns@gmail.com



38 YEARS
Coffee News®
Est. 1988

State of the Art Digital Denture Clinic Includes:
•3D modeling •3D printing •Intraoral scanning •Milling

-Offering services for all your denture needs:
•Full upper/lower dentures • Immediate dentures
•Partial dentures •Implant retained dentures
•Relines/rebases •Repairs
•Professional denture cleaning
•Teeth whitening •Mouth guards



INNOVATION DENTURE CENTER

Able to do mobile appointments if needed

Denturist: Trista Ford RD, DD
741 Sahali Terrace, Suite #100, Kamloops, BC V2C 6X7
(Kamloops Surgical Centre building)
info@denturecenter.ca | denturecenter.ca | 778.362.2211

Your Weekly Horoscopes

ARIES
(March 20 – April 19)



You may find yourself in a stalemate with others at mid-week. Breaking the obstacles may require more tact and diplomacy on your part, even if that feels uncomfortable for you. Lucky numbers: 5, 26, 30, 33, 35, 15.

TAURUS
(April 20 – May 20)



Taurus individuals often rely most on what they can see in the "real world." At week's end, however, you may be able to achieve success by following your intuition. Lucky numbers: 4, 6, 13, 31, 40, 3.

GEMINI
(May 21 – June 20)



Your mind may feel a bit overwhelmed right now by information from your dreams and intuition. Consider storing these insights away and reviewing them again in a few weeks. Lucky numbers: 6, 16, 17, 34, 37, 2.

CANCER
(June 21 – July 22)



Insights from your unconscious may be coming fast and furious right now. This phase will pass in a couple of weeks, when you will be able to start fully processing them. Lucky numbers: 7, 24, 35, 37, 38, 5.

LEO
(July 23 – Aug. 22)



There is a strong potential for a beneficial outcome early in the week. However, it requires that you take into account the needs of others who will be affected by it. Lucky numbers: 5, 10, 20, 27, 38, 3.

VIRGO
(Aug. 23 – Sept. 22)



Your natural attention to precision and detail is heightened this week. Use it to aid others to achieve a goal, but make sure your contribution is recognized in the process. Lucky numbers: 14, 22, 26, 32, 35, 4.

LIBRA
(Sept. 23 – Oct. 22)



You may be tempted to use your natural charm and concern for others to maintain harmony in a situation at mid-week. However, don't put your own needs aside to achieve it. Lucky numbers: 1, 6, 12, 18, 40, 12.

SCORPIO
(Oct. 23 – Nov. 21)



Your intuition to see the truth in situations is boosted at week's end. Be careful in communicating what you see. Make sure that others are ready to hear you. Lucky numbers: 5, 6, 14, 28, 32, 1.

SAGITTARIUS
(Nov. 22 – Dec. 21)



You may be tempted to say whatever pops into your head for the next few weeks. Consider stifling that impulse, unless you are completely sure how it will be received. Lucky numbers: 1, 13, 14, 15, 29, 39.

CAPRICORN
(Dec. 22 – Jan. 19)



You may be experiencing glitches right now in communications, travel, equipment failures, etc. If you maintain your usual discipline, you should get through the next few weeks more easily than others. Lucky numbers: 6, 7, 13, 14, 25, 2.

AQUARIUS
(Jan. 20 – Feb. 18)



Your romantic relationship may sometimes take a back seat to your spiritual ambitions. For the next few months, however, this area of your life may be in full focus. Lucky numbers: 6, 21, 29, 30, 37, 3.

PISCES
(Feb. 19 – March 20)



Others may hold you to a higher standard than usual at the beginning of the week. You may need to focus on a concrete plan to meet their expectations. Lucky numbers: 2, 6, 8, 34, 39, 1.

Lucky numbers this week: This week's odds favor Leo winners with the luckiest number being 27.

Did You Know...

In a cone, please: The first ice cream cone was served at the 1904 World's Fair in St. Louis. Its popularity spread quickly, making summer treats easier to enjoy on the go.

In a blink: The human eye moves on average 80 times per second. We are mostly unaware of how alert and quick our eyes are to respond to things around us.

Lend an arm: Starfish can regenerate lost arms. Some species can even grow an entirely new starfish from a single detached limb.

Whistle peak: Beyond the familiar speaking and singing ranges, the human voice has an upper limit known as the whistle register. It reaches pitches far above typical high notes, creating an airy tone that only a few performers can produce.

Costly orbit: The International Space Station is regarded as the most expensive object humans have constructed. Built through an international partnership, it supports research in orbit and stands as one of our most ambitious scientific projects.

On the Lighter Side

Knock! Knock! *Who's there?* Freighter. *Freighter who?* Freighter snakes? I know I am.

What kind of nuts do your feet like? Ca-shoes.

There was an economics professor who rode to class on a business cycle.

A tree climbing competition was created for those who want to limber up.

Doctor: Did you take the temperature?
Nurse: No, is it missing?

Answers

Trivia answers: 1. Tom Hanks 2. Central Perk 3. Paris 4. Alexander Hamilton 5. Joey

For available franchise opportunities – visit www.coffeenewsfranchise.com

© Published with Permission by Tracy Taylor

Need a DJ?

Mobile Entertainment Kamloops

Trivia • DJ Services • Karaoke

mobileentertainmentkamloops@hotmail.com
Don Taylor: 604-704-5865

5 Ingredient Pumpkin Soup



Ingredients

- 2 lbs - pumpkin, peeled and cubed
- 4 cups- chicken broth, divided
- 1 tsp. - sugar, or more to taste
- pinch - salt and freshly ground black pepper to taste
- 1 tub - Greek yogurt (5.3 ounce)

RECIPE PREPARATION

1. Combine pumpkin and 1/3 of the chicken broth in a deep pan over medium-low heat. Simmer, covered, until pumpkin is soft, about 15 min.
2. Remove from heat and puree with an immersion blender. Add remaining chicken broth, sugar, salt, and pepper. Cook until flavors combine, about 5 minutes.
3. Ladle into bowls and serve with a dollop of Greek yogurt.

allrecipes.com

Congratulations



to our ***October*** $50 gift card contest winner...
Steve Oryschak!

J.R. WATKINS
Since 1868 TRADE MARK

Now Available at:
Eye Candy Endless Emporium
717 Shuswap Ave.
Chase, BC

Goodness Blind Bay
Health Foods
2417 Golf Course Dr.
Blind Bay

Order online at:
www.respectedhomeproducts.com/5043827

604.314.5559

