ez-vape®
SALMON ARM
10% OFF
MENTION COFFEE NEWS IN STORE FOR DETAILS
Unit 600-10th Ave SW | (236) 836-2393

Heritage House Jewellers
GOLD BUYER
Westgate Public Market
2090-10 Ave. SW, Salmon Arm
250-832-6933
Home Visits by Appointment

Shuswap Hearing CLINIC
Locally Owned, Trusted, Experienced.
As the Shuswap's only independent locally owned and operated hearing clinic - we always put you first. Providing **trusted care, personalized solutions, and the best prices in the Shuswap.**
Why Choose Us?
• We're not a chain - we're your neighbours.
• Providing trusted expertise for nearly a decade in the Shuswap.
• We remove ear wax safely and comfortably - with years of expertise and specialized tools, so you can hear life at its best.
• We carry the latest cutting-edge technology for all major brands, so you get the best option that suits your needs... **all at the best prices!**
Ready to Hear the Difference?
Call Today! 250-838-4008
★Proudly Recognized with 5-star reviews from our patients!★

YOUR LOCAL TECH WIZARDS
Computers
Smartphones
Tablets & iPads
Micro Soldering
Scheduled House Appointments
SHUSWAP TechSolutions
236-896-0809
356 Alexander ST NE Salmon Arm
hello@shuswaptechs.ca
shuswaptechs.ca

HOME APPLIANCE REPAIRS & SERVICES
We service Kamloops and surrounding areas including Shuswap, Merritt, Lilloett, Lytton, Logan lake, Cache Creek, Barriere, Clearwater and Sunpeaks.
GORD'S APPLIANCE + MATTRESS CENTRE Your Service Experts!
948 Tranquille Road, Kamloops,BC
gordskamloops.ca Phone:250-376-5353

Give them a Gift Box.
Use coupon code COFFEE for $5 off!
KAMLOOPS GIFT BASKETS EST. 2023
KamloopsGiftBaskets.ca
778-220-8634

Invest in a Better Sleep!
WE HAVE THE PERFECT MATTRESS FOR YOU
GORD'S APPLIANCE + MATTRESS CENTRE Your Service Experts!
948 Tranquille Road, Kamloops,BC
gordskamloops.ca Phone:250-376-5353

New Issue Every Week!

FREE! **Coffee News®**



"Bringing People, Families, and Communities Together."

Salmon Arm Shuswap Edition

604-704-5865

kamloopsshuswapcoffeenews.com
Coffeenewstns@gmail.com

Volume 3:35 November 16, 2026

Everybody's Talking!

Shared rewards: In Louisiana (U.S.), a family-run manufacturing company called Fibrebond was sold in a major sale. Before stepping aside, the owner made sure $240 million (USD) from the sale would go to the employees who helped grow the business. The plan spread the money out over time and included people across many roles. The news surprised workers, many of whom didn't expect anything beyond a normal transition. The company had grown by sticking through hard periods and making careful choices. For employees, the payout offered relief and new possibilities. For the owner, it was a way to leave knowing the success was shared with the people who helped build it.

Folded strength: In New York City (U.S.), a student turned a long-time paper-folding hobby into an award-winning experiment by testing how much weight origami shapes can support. Rather than focusing on art, he studied how folded patterns behave under pressure and whether they could handle real loads. His project used a compact folding style with repeating angles, which he adjusted in size and material to compare results. After building and testing many versions at home, one design stood out for staying light while carrying far more than expected. Judges praised the clear testing and results, awarding top honors and prize money. The work also pointed to future uses in temporary shelters or portable structures.

Peace paws: In Fort Worth, Texas (U.S.), a group of Buddhist monks began a long walking journey to share messages of peace, and a stray dog chose to walk with them. He first joined the group on an earlier trip and stayed close, following their pace day after day. Even when he was hurt or became sick, he returned to the road as soon as he could. When the monks started a new walk across the United States, the dog came along again without hesitation. They traveled slowly and stopped often, meeting people who offered food, help, or a short conversation. Progress was shared through online videos as they moved from place to place. For many who saw them pass by, the dog was one of the most memorable members of the group.

Shrek surprise: One night at home, a couple sat down to watch *Shrek*, a movie they'd seen many times before. What one partner didn't know was that the other had edited himself into the wedding scene, adding his face and voice into the film. As the scene played, he quietly left the room and came back wearing the same suit shown on screen. The timing lined up just as the movie reached its big moment. He then got down on one knee and asked his girlfriend to marry him. The idea grew out of their shared love of movies and making creative projects together over the years. It was meant to be simple, personal, and just for them at first. Later, online videos shared the moment with others. She said yes.

Quoteable Quotes

"The way I see it, if you want the rainbow, you gotta put up with the rain." — *Dolly Parton*

"The future depends entirely on what each of us does every day." — *Gloria Steinem*

What's Happening

Are you 50+. Just Enjoy singing for the sheer enjoyment. Want to meet some new people? Come out to the 5th Avenue Seniors Centre in Salmon Arm every Friday at 9:30 am. (we start singing at 9:45 and go for approx.2 hours). Cost is $2.00 which goes directly to the centre. We would love to see you. For further information you can call the centre at 250 832-1065

Shuswap Writers' Group: Meet every 1st & 3rd Wednesday from 11 am to 1 pm at Picadilly Mall in Admin boardroom. Coffeehouse will be every 4th Friday from 2 pm to 4 pm at First Community Church. Shuswap Writers' Group. 250-318-9551

The Shuswap Photo Arts Club meets on the second and fourth Mondays at the Fifth Avenue Seniors Centre in Salmon Arm at 7pm. Visitors are welcome. More information on the club's website at www.shuswapphotoarts.com/

Trivia

1. Caitlin Clark was selected first overall in the 2024 WNBA Draft by this team.
2. Which actor played Marty McFly in the *Back to the Future* movies?
3. What is the largest bone in the human body?
4. Which legendary boxer was born Cassius Clay?
5. In the *Star Wars* films, what is the name of Han Solo's ship?

(Flip bottom of page for answers)

© Published with Permission by Tracy Taylor

(Over)

Plumber
Retired Plumbing Contractor
available for small jobs
Specializing in Poly-B water line replacement
Dennis
250-253-9479

FOOTCARE
delivered to your home, care facility or hospital
• Foot Assessments
• Nail Cleaning
• Trimming, Filing, Reduction
• Treatment of Corns and Cllouses
• Diabetic Footcare
• Client Education
LIZA FEDECHKO LPN, FCN
LIZA'S FOOT CARE
250-319-5006 | Lizafedechko@hotmail.com

ROYAL LEPAGE® Access Real Estate
ROYAL LEPAGE® NATIONAL TOP 10% 2024 & 2025
ROYAL LEPAGE® DIAMOND™ AWARD 2025
YOUR AWARD WINNING SHUSWAP REALTOR®
Alycia Butler
(250) 241 - 9797
www.AlyciaButler.com

Santa
is available for bookings
Real Beard; Real Boots; Real Belt; Real Santa
Corporate Parties
Private Parties
In-Home Visits
Daycares
Seniors' Centers
And more...
604-704-5865

TANGLES SALON
WE'RE HIRING!
We are in search of another experienced stylist to join our team. 5+ years preferred.
If you're interested, we'd love to meet you!
Find us in Piccadilly Mall, 1151 10th Ave. SW, Salmon Arm



Jokes...

"Don't you hate people that talk behind your back?"

"Yes, especially at the movies."

People Love Coffee News® Delivering SMILES since 1988

THIS SPACE FOR RENT
604-704-5865

Your Weekly Horoscopes

ARIES
(March 20 – April 19)



You may feel a desire this week to finally release an old emotional wound. A conversation may provide the information you need to adjust how you view the situation. Lucky numbers: 4, 8, 13, 23, 27, 14.

TAURUS
(April 20 – May 20)



Enduring hard work is an innate trait for most Taurus individuals. At week's end, this trait is heightened and can help you complete an endeavor to which you are emotionally attached. Lucky numbers: 14, 23, 26, 33, 38, 5.

GEMINI
(May 21 – June 20)



Did you set a new goal during your birthday month? Now may be a good time to review your progress and make any needed changes to achieve success with it. Lucky numbers: 1, 20, 27, 30, 37, 4.

CANCER
(June 21 – July 22)



The sign of Cancer is often associated with nurturing in general and specifically with motherhood. Over the next few months, these themes may be a focus in your life. Lucky numbers: 1, 2, 18, 33, 35, 10.

LEO
(July 23 – Aug. 22)



You may be strongly driven this week to pursue new opportunities without fully evaluating which are best. Make an effort to understand your underlying motivation and make a careful choice. Lucky numbers: 2, 5, 19, 33, 40, 4.

VIRGO
(Aug. 23 – Sept. 22)



Your natural attention to details and exactitude may become scrambled at mid-week. Try to focus on other tasks that don't need these qualities, until this dynamic passes in a few days. Lucky numbers: 1, 4, 14, 30, 34, 24.

LIBRA
(Sept. 23 – Oct. 22)



Libras are often the ones who work to "keep the peace" in home and work situations. At the end of the week this may not work. Express your feelings honestly. Lucky numbers: 8, 9, 13, 19, 30, 4.

SCORPIO
(Oct. 23 – Nov. 21)



Other people may not be seeing the truth in a situation as clearly as you do at week's end. Resist any temptation you may have to stubbornly try to convince them. Lucky numbers: 4, 16, 21, 26, 30, 1.

SAGITTARIUS
(Nov. 22 – Dec. 21)



Happy birthday month! This is a good time to set new goals. Is there a particular endeavor that would make you happy even if it requires a real risk? Lucky numbers: 5, 15, 31, 35, 40, 2.

CAPRICORN
(Dec. 22 – Jan. 19)



Capricorns are usually very good at achieving success with grounded, practical goals. However, is there a lofty project you wouldn't normally consider but that would encourage your spirit now? Lucky numbers: 14, 23, 25, 33, 37, 4.

AQUARIUS
(Jan. 20 – Feb. 18)



Individuals with Aquarius energy sometimes find it difficult to translate their vision in ways that are readily understandable for the rest of us. This may be easier at week's end. Lucky numbers: 6, 11, 18, 19, 21, 4.

PISCES
(Feb. 19 – March 20)



The energy at mid-week can help fuel your highest goals or heighten your fears. Find a way to channel it into a positive outcome instead of one you will regret. Lucky numbers: 13, 17, 25, 28, 29, 2.

Lucky numbers this week: This week's odds favor Capricorn winners with the luckiest number being 33.

Did You Know...

Sunken fleets: Roughly 3 million shipwrecks are believed to rest on the ocean floor. While a few famous wrecks capture attention, the vast majority remain unexplored, as they are spread across the seas and hidden far below the surface.

Island chickens: In Key West, Florida (U.S.), free-roaming chickens wander streets and yards as part of everyday life. The birds live independently, forage on their own, and have become an unexpected but familiar feature of the island.

Plug puzzle: Electrical outlets vary around the world because power systems developed separately, using different designs and safety choices. Those early decisions stuck, leaving travelers today forced to switch between adapters just to charge their devices.

Southern surprise: Canada stretches farther south than many people realize. Its lowest point sits below parts of the western United States, so small areas of states like California are actually north of Canada's southern edge.

Capital shuffle: Before settling in Washington, D.C., the United States moved its capital multiple times during its early years. Early lawmakers met in several cities, including Philadelphia (PA), Baltimore (MD), Princeton (NJ), and New York (NY).

On the Lighter Side

Knock! Knock! *Who's there*? Knee. *Knee who?* Knee-d you ask?

Why are trees such big sports fans? They just like to root!

Did you hear about the amateur fisherman? He did it just for the halibut.

The school board removed Speech and Debate from the curriculum. There was no argument.

Mother: Billy, what is all that racket from the pantry?
Billy: I'm busy fighting temptation.

Answers

Trivia answers: 1. Indiana Fever 2. Michael J. Fox 3. Femur 4. Muhammad Ali 5. Millennium Falcon

For available franchise opportunities – visit www.coffeenewsfranchise.com

© Published with Permission by Tracy Taylor

J.R. WATKINS
Since 1868 TRADE MARK

Now Available at:
Eye Candy Endless Emporium
717 Shuswap Ave.
Chase, BC

Goodness Blind Bay
Health Foods
2417 Golf Course Dr.
Blind Bay

Order online at:
www.respectedhomeproducts.com/5043827

604.314.5559



Need a DJ?

Mobile Entertainment Kamloops

Trivia • DJ Services • Karaoke

mobileentertainmentkamloops@hotmail.com
Don Taylor: 604-704-5865





INTERACTIVE ADVENTURES
INTERACTIVE-ADVENTURES.COM

See new places Try new things Meet new people
Small Group Trips. Big Adventures. Kamloops Departures
Borneo: 12-day trip, Tropical Rain Forest & Beaches, March 2027
Sunshine Coast: Train, Float Plane, Ferry, Kayaking, May 2027
Great Bear Rain Forest: Grizzly Bears, Natural Hot Springs, Aug 2027
james@interactive-adventures.com 250-879-0873



State of the Art Digital Denture Clinic Includes:
•3D modeling •3D printing •Intraoral scanning •Milling

-Offering services for all your denture needs:
•Full upper/lower dentures • Immediate dentures
•Partial dentures •Implant retained dentures
•Relines/rebases •Repairs
•Professional denture cleaning
•Teeth whitening •Mouth guards

INNOVATION DENTURE CENTER
Able to do mobile appointments if needed
Denturist: Trista Ford RD, DD
741 Sahali Terrace, Suite #100, Kamloops, BC V2C 6X7
(Kamloops Surgical Centre building)
info@denturecenter.ca | denturecenter.ca | 778.362.2211

Recipe of the Week

Beef Nacho Casserole

1 pound ground beef
1 1/2 cups chunky salsa
1(10 ounce) can whole kernel corn, drained
3/4 cup creamy salad drfessing (e.g. Miracle Whip)
1 teaspoon chili powder
2 cups crushed tortilla chips
2 cups Colby cheese

Preheat the oven to 350 degrees F(175 degrees C).
Place ground beef in a large skillert over medium-high heat. Cook, stirring to crumble, until evenly browned. Drain grease. Remove from the heat, and stir the salsa, corn, mayonnaise and chili powder into the beef. In a 2 quart casserole dish, layer the ground beef mixture, tortilla chips and cheese twice, ending with cheese on top.
Bake for 20 minutes uncovered in the preheated oven, until cheese is melted and dish is thoroughly heated.

source: allrecipes.com

YEAR ROUND RV SITES
PONDEROSA PINES
250-577-3468 ponderosapinesrv@hotmail.ca

New Long Term RV Sites
Now Available
• Rural Setting, Walking/Hiking Trails
• 10 Minutes from Chase, 25 Minutes from Kamloops
• New Municipal Grade Water, Sewer and 50 AMP Power
• Boat/Trailer Storage Available
Ponderosapinesrvpark.ca 250-577-3468

Enter to Win

Identify the ad where the Coffee News® Guy is hidden for your chance to win!

Enter Contest at:
Coffeenewstns@gmail.com
Enter your name, phone number, where the Coffee News guy is hiding, the issue date and your city location
ACTUAL SIZE ➔

THIS SPACE FOR RENT
604-704-5865