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Salmon Arm-Shuswap Constituency

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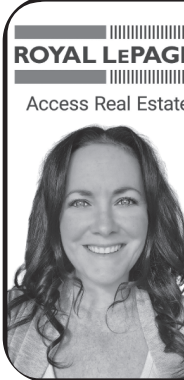


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Everybody's Talking!

Tentacle tunes: In Sweden, a musician known for building unusual instruments turned a home aquarium into a tiny music studio. Instead of practicing alone, he designed a keyboard that could be pressed by an octopus using its arms. The setup took patience, with time spent letting the animal get used to the instrument and its surroundings before any sounds emerged. Progress came slowly, helped by simple rewards that encouraged repeated movements across the keys. Over time, short patterns replaced random taps, creating something that resembled a tune. The project drew attention through online videos that showed careful training, steady progress, and an unexpected mix of music, design, and animal behavior.

Living canvas: In labs around the world, artists practice agar art, building pictures by guiding the growth of bacteria and fungi. Their work begins in shallow dishes filled with agar, a clear gel that lets microbes spread and form color as they multiply. Rather than brushing strokes, creators place tiny samples with care and then wait as shapes slowly appear on their own. Different organisms grow at different speeds, which adds texture and contrast. The results range from animals to abstract scenes, all shaped by living material. An annual contest run by a microbiology group has helped bring this practice to a wider audience. The process blurs the line between experiment and artwork in a way that keeps surprising viewers.

Hydrogen debut: In San Bernardino, California (U.S.), a new kind of passenger train is carrying riders without burning diesel or drawing power from overhead wires. The train blends hydrogen fuel cells with onboard batteries, creating electricity as it moves and releasing only water vapor. Built for regional routes where full electrification can be hard to justify, the design lets trains run much like before while changing what happens under the floor. Local agencies see it as a practical option for lines needing cleaner operation without major rebuilding. Similar technology has already been tested overseas, giving planners confidence it can scale. Engineers are now tracking how it runs day to day to help decide where it could fit next.

Fog harvest: Along the dry hills near Lima, Peru, residents are collecting fresh water from the air using tall mesh panels that catch passing mist. When fog moves through the nets, tiny droplets cling to the fibers, merge, and drip into channels below. The gathered water is stored nearby and used for washing, small gardens, and daily needs where pipes don't reach. These setups work best in places with steady fog and light winds, even when rain is rare. Community groups help install and maintain the nets, keeping the systems running locally. Similar projects have appeared in other fog-prone regions facing water stress. The approach shows how small tools can reshape life in dry landscapes.

Quoteable Quotes

"I am not afraid of storms, for I am learning how to sail my ship."
— *Louisa May Alcott*

"A calm mind brings inner strength and self-confidence."
— *Dalai Lama*

What's Happening

Toastmasters meet weekly, 7PM Okanagan College, #131, 2552 10 Ave NE. Build confidence, meet friends, improve communication. Come to learn, stay for the fun.

Men's Shed Salmon Arm is all about men helping men in the community. Please join us for dinner and lively discussion every Monday, 6PM, at Wing's Kitchen Restaurant, 21 Shuswap St N. Salmon Arm. For more information you may also contact Club Secretary, Richard Anderson at salmonarmshed@gmail.com

Are you 50+. Just Enjoy singing for the sheer enjoyment. Want to meet some new people? Come out to the 5th Avenue Seniors Centre in Salmon Arm every Friday at 9:30 am. (we start singing at 9:45 and go for approx.2 hours). Cost is \$2.00 which goes directly to the centre. We would love to see you. For further information you can call the centre at 250 832-1065

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Trivia

1. Who created the comic strip character Garfield?
2. The human body has 32 permanent ____.
3. What is the fastest land animal?
4. The fictional school attended by Harry Potter is Hogwarts School of Witchcraft and ____.
5. Mount Kosciuszko is the tallest mountain in Australia, New Zealand, or Indonesia?

(Flip bottom of page for answers)

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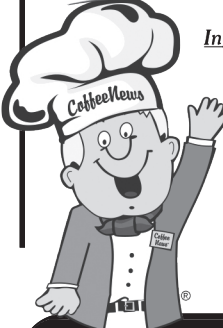
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Ranch Potatoes



Ingredients

- 2 lbs. - small new potatoes, unpeeled, cubed
- 1 pkg. - Ranch dressing mix
- 1 stick - butter, melted
- 4 slices - bacon, fried & drained
- 1 cup - cheddar cheese shredded

RECIPE PREPARATION

1. Preheat oven to 325 degrees F.
2. Cook potatoes in boiling water until tender. Drain.
3. Make ranch dressing as directed and mix with melted butter.
4. Pour mixture over potatoes.
5. Bake for 20 minutes in preheated oven.
6. Top with crumbled bacon and cheese and bake for an additional 5 minutes.

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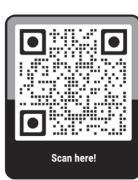
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Your Weekly Horoscopes

ARIES (March 20 – April 19)



Over the next decade, humanity will be experiencing a major urge toward an evolution in consciousness. What role do you want to play to see that this shift is successful? Lucky numbers: 7, 13, 14, 26, 44, 46.

LIBRA (Sept. 23 – Oct. 22)



Libras are most often focused on those in their inner circle. Consider, however, how your skills can be brought to bear helping humans create more harmony in the outer world. Lucky numbers: 12, 16, 22, 26, 28, 38.

TAURUS (April 20 – May 20)



The Universe will be encouraging you over the next few years to undergo a transformation in your spiritual nature. Flowing with events will make the process easier than resisting them. Lucky numbers: 2, 11, 12, 17, 24, 48.

SCORPIO (Oct. 23 – Nov. 21)



Your intuitive insights are dialed up again early in the week. As always, be sure that the other person really wants to hear this information before you share it. Lucky numbers: 5, 11, 15, 17, 18, 29.

GEMINI (May 21 – June 20)



Geminis can tend to live in their heads. However, this week, you may encounter deep, passionate emotions that feel uncomfortable and ask you to live from your heart for awhile. Lucky numbers: 3, 5, 18, 19, 28, 33.

SAGITTARIUS (Nov. 22 – Dec. 21)



Your natural optimism is heightened at mid-week. It may be a good time to initiate a new endeavor. Just be careful not to over-reach. Crossing the Rubicon doesn't guarantee success. Lucky numbers: 8, 24, 34, 35, 42, 48.

CANCER (June 21 – July 22)



Early in the week, you may experience a burst of energy that can jump start your endeavors. This potential won't last long so be sure to take advantage of it. Lucky numbers: 14, 25, 27, 43, 45, 46.

CAPRICORN (Dec. 22 – Jan. 19)



Ambition is good in moderation. If you have been working too hard recently, come up for air. Add something, or someone, into your life that will bring you pleasure now. Lucky numbers: 1, 9, 21, 34, 41, 44.

LEO (July 23 – Aug. 22)



Leos sometimes live for themselves alone. This period, however, encourages you to think about where your life would be better served in a larger context that serves others as well. Lucky numbers: 9, 10, 24, 28, 35, 47.

AQUARIUS (Jan. 20 – Feb. 18)



Some of us are here to aid humanity's evolution over the next decade. Whether you like it or not, consider accepting that your Aquarius energy places you among them. Lucky numbers: 6, 11, 16, 22, 24, 42.

VIRGO (Aug. 23 – Sept. 22)



Service to others is an important theme for Virgos. The question now is whether your focus has been too small. How can you make a greater contribution in the world? Lucky numbers: 4, 13, 20, 30, 33, 46.

PISCES (Feb. 19 – March 20)



Neptune in Aries may feel uncomfortable for you, after all the years it spent in Pisces. However, Aries can give you the energy and courage now to manifest your vision. Lucky numbers: 4, 12, 17, 21, 35, 43.

Lucky numbers this week: This week's odds favor Sagittarius winners with the luckiest number being 35.

Did You Know...

Who's the best: The Guinness Book of World Records was created to settle bar arguments. In 1955, the Guinness brewery published it as a handy way to end pub debates.

Wall of walls: The Great Wall of China isn't a single wall but thousands of miles of overlapping structures built by different dynasties over centuries.

Glasses on: The world's first 3D movie was shown in 1922. Titled *The Power of Love*, it premiered in Los Angeles using red-and-green glasses to create the illusion of depth.

With this pebble: Some penguins propose with pebbles. A male Gentoo penguin presents the smoothest stone he can find to his mate, who often accepts it as a symbol of nesting commitment.

Quick hop: The shortest commercial flight lasts about 90 seconds. It runs between two Scottish islands, Westray and Papa Westray, covering less than two miles.

On the Lighter Side

What kind of music might you hear in space? Neptunes!

Let's all give a hand to these sock puppets!!

Knock! Knock! *Who's there?* Whale. *Whale who?* Whale you be mine?

People say I look better without my glasses on. But I can't see it.

Sydney: I must have sneezed 50 times today. Do you think there is something in the air?

Allen: Yes, your germs!

Answers

Trivia answers: 1. Jim Davis 2. Teeth 3. Cheetah 4. Wizardry 5. Australia

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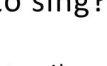
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Sept. 17: Bright Eye Brewing 

Sept. 18: Central Station Pub 

Sept. 19: Bailey's Pub 

Sept. 24: Rock'n Firkin 

Sept. 26: The Office 

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