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Sept. 17: Bright Eye Brewing
Sept. 18: Central Station Pub
Sept. 19: Bailey's Pub
Sept. 24: Rock'n Firkin
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Everybody's Talking!

Crab crossing: On Christmas Island, Australia, millions of red crabs pour out of the forest and move toward the coast in a seasonal shift that briefly reshapes daily life. Roads, schoolyards, and driveways fill with moving shells as residents slow traffic or work from home to give the animals space. The journey ends at the shoreline, where the crabs release eggs into the sea before the next generation begins its return inland. Park staff and locals step in with simple tools to guide crabs away from danger points. Recent seasons have seen especially heavy movement as conditions improved for the species. For many islanders, the migration remains a shared pause that's as practical as it is unforgettable.

Storybook stay: In Boston, Massachusetts (U.S.), a hotel suite has been reimagined as a walk-through version of the familiar bedtime book *Goodnight Moon*, turning illustrated pages into a space you can sleep inside. The room mirrors the book's calm setting, with green walls, warm colors, and objects placed to match scenes many people remember from childhood. Instead of reading before bed, guests move through the room and recognize details as part of the setting itself. The design leans on soft lighting and simple textures to keep the space restful rather than busy. Small touches welcome families and encourage slow evenings indoors. It's meant to offer a pause from travel by placing visitors inside a story they already know well.

Writer haven: In Bangor, Maine (U.S.), author Stephen King and his wife are turning their well-known home into a space focused on writing and preservation. The gated property will be reorganized so one building holds King's personal papers, while another becomes a quiet place where writers can stay and work. Instead of serving mainly as a photo stop for fans, the site is being reshaped for everyday use and long-term care. The house where the family once lived will be used as an archive, keeping the material tied to its original setting. King's stories have long drawn sources from the local area, giving the location added meaning. The project shifts the house from a landmark into a work space built for creative work.

Fitness fare: In Cluj-Napoca, Romania, a public transit idea links light exercise with a free bus ride. At a specially set-up bus stop, riders can earn a one-way ticket by doing a short set of body-weight movements that are counted by a built-in sensor. Once the system confirms the task is complete, it prints a ticket that works like a normal fare on city buses. The goal is to make daily movement easy to fit into everyday travel routines. There's no sign-up, gym, or app involved, just a quick activity at the stop itself. Supporters say keeping it simple helps more people take part comfortably. The project shows how small changes can gently nudge people toward healthier routines without much effort.

Quoteable Quotes

"The world is full of magic things, patiently waiting for our senses to grow sharper."
— W.B. Yeats

"Do not wait for leaders; do it alone, person to person."
— Mother Teresa

What's Happening

VALLEYVIEW BLOCK PARTY 2026 A free, family-friendly community celebration with live music, local vendors, food trucks, children's activities, community booths, and family-focused programming. Hosted by the East Kamloops Business Improvement Association. DATE Saturday Sept 12th 2026, 11am- 3pm LOCATION Valleyview Centennial Park and Community Hall

Kamloops Happy Choristers, 9:00 - 11:00, Wednesday, September 16, 2026, Heritage House, 100 Lorne Street, Kamloops, BC. This senior's choir's registration for our fall practice which begins the following week on September 23 at 9:20. No audition is required

CFBX, the campus/community radio station at Thompson Rivers University, will start its fall volunteer drive on Friday, September 11th and it will run to Friday, September 25th. CFBX is an entirely volunteer run and programmed radio station and is always looking for energetic and creative volunteers to help out on air and off air. Volunteers do not need to be TRU students to get involved. Anyone interested in getting involved with CFBX can call the station at (250) 377-3988, email to radio@thex.ca or drop by the station at House 8, behind the Campus Activity Centre on the TRU campus.

The Kamloops Social Club presents William & Penny, live on September 20th at 7 p.m. Come kick up your heels and dance to some great live music — a little country, a little pop, and lots of fun. St. Paul's Cathedral, 320 Nicola Street. 7 p.m. Admission: \$15 at the door. There will also be door prizes and a 50/50 draw. Everyone is welcome!

FIDDLE FRENZY WEEKEND SEPTEMBER 18, 19, 2026 DANCE SEPT 18th 7:30 pm to 10:00 pm GUEST FIDDLERS Mark Sullivan, Kai Gronberg, Michael Burnyeat WORKSHOP/CONTEST SEPT 19th PANCAKE BREAKFAST By Donation 8:00AM BCOTFA AGM BREAKFAST MEETING FIDDLE WORKSHOP - \$40 - 9:00AM - 11:45 AM CHILI & BUN LUNCH By Donation - 12:00PM to 1:00PM JUDGES MEETING - 1:15 PM 55th PROVINCIAL FIDDLE CONTEST - 1:30PM HERITAGE HOUSE - 100 LORNE STREET, KAMLOOPS, B.C. To confirm Ticket & Registration please go to www.bcfiddlers.com/branches/kamloops or Call -250-319-3680

Congratulations for our August winner **Iva Hegyi** for finding the Coffee News Guy!

Trivia

- Which actor portrays Iron Man in the Marvel Cinematic Universe?
- Mount Everest is located on the border of Nepal and this country.
- What is a group of flamingos called?
- The Major League Baseball baseball team from Toronto, Canada is called the ____.
- Who was the youngest person elected president of the United States?

(Flip bottom of page for answers)
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Your Weekly Horoscopes

ARIES

(March 20 – April 19)



Everything may feel very confused right now and you may be having difficulty communicating how you feel to others. Adjusting your perspective could be helpful in resolving the situation. Lucky numbers: 3, 5, 12, 35, 38, 39.

TAURUS

(April 20 – May 20)



Chiron is gradually moving into Taurus for a few years. The Universe will likely ask you to examine the wounds that we all try to hide, from ourselves and everyone else. Lucky numbers: 5, 11, 19, 21, 29, 45.

GEMINI

(May 21 – June 20)



At week's end, your mind may suddenly pick up a lot of insights. However, review them carefully, as this may not be the time to make any major changes. Lucky numbers: 1, 12, 13, 37, 45, 48.

CANCER

(June 21 – July 22)



Is there an idea that has been swimming in the waters of your unconscious for a while? The energy at mid-week may give you the grounding to finally pursue it. Lucky numbers: 7, 11, 18, 31, 43, 47.

LEO

(July 23 – Aug. 22)



Early this week, you may want to just break out of the routine and play. However, the Universe may ask you to dig deep and find a more satisfying opportunity for joy. Lucky numbers: 9, 10, 12, 22, 30, 37.

VIRGO

(Aug. 23 – Sept. 22)



Mid-week is a good time to set new intentions into place. If you developed new goals at your birthday, now is the time to consider how to advance them. Lucky numbers: 10, 12, 17, 24, 36, 40.

LIBRA

(Sept. 23 – Oct. 22)



Your Libra tact and diplomacy hit a peak at week's end. If you have been purposely avoiding a difficult conversation, this may be the time to successfully initiate it. Lucky numbers: 2, 4, 10, 17, 33, 48.

SCORPIO

(Oct. 23 – Nov. 21)



The intensity and passion of your Scorpio energy is on full display now. Conversations may create a romantic attraction. The connection you feel may not last when this period ends. Lucky numbers: 8, 9, 14, 35, 36, 46.

SAGITTARIUS

(Nov. 22 – Dec. 21)



A conversation this week may lay the seeds of an idea. However, it may not be time to initiate it now. Let it simmer on the back burner for a bit. Lucky numbers: 6, 11, 12, 20, 34, 45.

CAPRICORN

(Dec. 22 – Jan. 19)



Capricorns are never short on ambition to build something solid in their lives. At mid-week, the energy may give you an extra boost to achieve something that has been particularly challenging. Lucky numbers: 11, 16, 25, 29, 32, 47.

AQUARIUS

(Jan. 20 – Feb. 18)



Do you have a karmic purpose to fulfill in the world? Present it this week to someone who may be in a position to help you manifest this transformative vision. Lucky numbers: 12, 13, 14, 21, 26, 31.

PISCES

(Feb. 19 – March 20)



For the next few months, what you value and feel passionate about may be changing. Allow this process to unfold and resist any urge to act before it is complete. Lucky numbers: 4, 7, 23, 29, 30, 43.

Lucky numbers this week: This week's odds favor Cancer winners with the luckiest number being 7.

Did You Know...

Bark spice: Cinnamon starts as the inner bark of select tropical trees, trimmed away in thin sheets that dry and roll into the sticks we recognize. This simple preparation keeps the bark usable, allowing its natural warm aroma to shine when added to food.

Luck tap: People often knock on wood after saying something optimistic, using it as a ritual to keep misfortune away. One theory links the habit to early beliefs that trees held protective spirits, so tapping the wood was seen as a way to ask for support.

Hidden stripes: Tigers look bright orange to us, but many of the animals they hunt see only limited color. To those prey species, a tiger's coat appears greenish instead, letting the big cats blend into forest cover far more easily than people might expect.

Ancient ache: Egypt's early dentists faced constantly worn down teeth from gritty foods, so they turned to remedies like crushed minerals and natural rinses. Their simple mixtures aimed to ease discomfort and keep mouths healthier despite a harsh diet.

Dusty drizzle: So-called "blood rain" isn't mysterious at all. It happens when desert dust mixes with passing rain clouds, tinting the drops and leaving a thin reddish film behind. The effect is rare, but it can travel far on the wind.

On the Lighter Side

Where do wasps go on vacation? Singapore.
 We couldn't get the tent up, too many missed stakes!
 Knock! Knock! Who's there? Wood. Wood who? Wood you laugh at my jokes?
 Remember: Models of dragons are not to scale.
 Patient: Doctor, I am nervous this is my first operation.
 Doctor: I know how you feel, you are my first patient.

Answers

Trivia answers: 1. Robert Downey Jr. 2. China 3. A Flamboyance 4. Blue Jays 5. John F. Kennedy

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Back to School Classes

Sept. 4 6:30-7:30 pm
 Sept. 20 11 am – 12 pm

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