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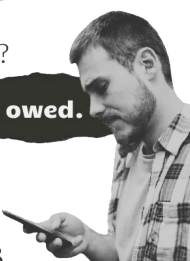
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Everybody's Talking!

Bird guard: In Menlo Park, California (U.S.), schools have turned to life-size coyote statues to keep crows and geese from covering play areas with droppings. The idea came from a Canadian suggestion that these figures help scare off geese in public parks, and staff hoped the same trick would help their fields stay clean. Once placed near lunch spots and open spaces, the models quickly reduced the mess that custodians had struggled with for years. Nearby schools later added their own statues after seeing the results. Some neighbors even phoned in warnings before learning the coyotes were fake, adding humor to the mix. The statues now stand as easy, low-maintenance helpers for busy campuses.

Peanut patch: A long-running study has found that a simple skin patch can help toddlers become less reactive to peanuts by introducing tiny amounts of peanut protein through the skin. The treatment guides the immune system to handle small exposures, lowering the chance of a dangerous reaction from an accident. Children who started on a placebo later used the real patch and showed steady gains as their tolerance improved. Many could handle small amounts of peanuts without strong symptoms, and the patch's safety record stayed solid throughout the treatment. Mild skin irritation was the most common issue. Parents still need medical guidance, but the results point to a practical way of reducing risk.

Roman routes: A group of researchers has built a detailed online map showing the old roads stretching across the Roman world, working much like a Google Maps-style guide for ancient travel. Their project used records, landscape studies, and satellite images to create a clearer view of how people once moved across long distances. The map displays major routes and smaller paths, making it easier to picture trips between far-off cities. It also adjusts earlier guesses by following natural terrain, since Roman roads often curved around mountains. Travelers can explore these ancient paths much like modern directions, seeing how roads linked distant regions. It's a simple tool that helps bring the empire's movement to life.

Pattern heritage: In a village in Burkina Faso, families build thick earthen homes that are later coated with painted designs reflecting Kassena traditions. Men shape the walls during the dry months, and before the rains arrive, the community gathers so women can add protective and decorative patterns. The oldest women choose the designs, and younger helpers learn by taking part in the work. Local pigments provide red, white, and black colors with meanings tied to courage, honesty, and the unseen world. Symbols range from animals to simple shapes linked to daily life. As people walk through the clustered homes, they see how practical construction has become a way for the community to show its shared culture.

Quoteable Quotes

"I don't go by a rule book ... I lead from the heart, not the head."
—Princess Diana

"It's no wonder that truth is stranger than fiction. Fiction has to make sense."
—Mark Twain

What's Happening

The City of Kamloops and BCLC are proud to present another great season of Music in the Park from July 1– August 31, 2026. The summer concert season brings a variety of blues, rock, classics, country, tribute bands, and more that will appeal to the whole family. Free performances take place at the Riverside Park Rotary Bandshell each evening, 7:00–8:30 pm, weather and air quality permitting.

CFBX, the campus/community radio station located at Thompson Rivers University, will host three 10-day Summer Radio Camp for high school students, from July 6-17, July 27- August 7, and August 17-28, 2026. Students will learn the art of radio, from interviewing and scripting a radio show, to editing, sound production and journalistic standards. Instruction will be guided by veterans of radio production, hosting, journalism, writing and teaching, using professional gear and real-world techniques. For more information about Sound Waves, contact CFBX at 250-377-3988 or email to stationmanager@thex.ca. Check out our Sound Waves 2026 video promo https://www.youtube.com/watch?v=puU_7PLhs2o

The Kamloops Travel Club is meeting at the Art We Are on August 10th at 5pm. Connect with like-minded people who enjoy travelling! Get to know other travelers, share travel stories, ideas, and tips. Please email info@interactive-adventures.com or call James at 250-879-0873 for more information.

VALLEYVIEW BLOCK PARTY 2026 A free, family-friendly community celebration with live music, local vendors, food trucks, children's activities, community booths, and family-focused programming. Hosted by the East Kamloops Business Improvement Association. DATE Saturday Sept 12th 2026, 11am- 3pm LOCATION Valleyview Centennial Park and Community Hall

Join the Kamloops Social Club for an evening of dancing on Saturday, August 16, at St. Paul's Cathedral, 360 Nicola Street, Kamloops. Enjoy music by popular entertainer Bob King, featuring a mix of pop and country favourites. Door prizes and a 50/50 draw will also be part of the evening. Doors open at 7:00 p.m. Admission: \$15 at the door. Everyone is welcome.

Trivia

- This children's author originated the word "nerd"?
- Including its pedestal, is the Statue of Liberty 100, 215, or 305 feet tall?
- A cucumber is a fruit—T/F?
- Who wrote *Peter Pan*?
- SONAR stands for _____ navigation and ranging.

(Flip bottom of page for answers)

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Your Weekly Horoscopes

ARIES
(March 20 – April 19)

Chiron, a minor planet, is briefly occupying Taurus, after a long transit to Aries Sun. Consider how to use this aspect to evaluate your healing journey right now. Lucky numbers: 7, 13, 15, 16, 40, 42.

TAURUS
(April 20 – May 20)

When Chiron enters Taurus, it will interact with your Sun over the next eight years. During this opening salvo, consider what is needed to heal old emotional wounds. Lucky numbers: 1, 10, 14, 16, 23, 44.

GEMINI
(May 21 – June 20)

You may be tempted midweek to aggressively talk your way through a situation. Softening your style might be more productive, in the long run, for all concerned. Lucky numbers: 15, 16, 18, 23, 40, 47.

CANCER
(June 21 – July 22)

Your emotions may be running high at the week's end. Consider retreating then, to regroup and reset. This could help you start next week with a calmer attitude. Lucky numbers: 6, 10, 13, 24, 33, 40.

LEO
(July 23 – Aug. 22)

For a few weeks, you may find that what you say is very persuasive to others. In negotiating, resist temptation to maneuver the situation solely in your favor. Lucky numbers: 10, 14, 19, 30, 43, 45.

VIRGO
(Aug. 23 – Sept. 22)

Virgos are known for attention to detail. But sometimes your presentation would benefit from more pizzazz. The next few weeks may offer you such an opportunity. Lucky numbers: 8, 11, 13, 22, 35, 39.

LIBRA
(Sept. 23 – Oct. 22)

The next month may offer you a chance to focus on romantic love. This might help if you are looking for a partner or to improve a current relationship. Lucky numbers: 5, 12, 27, 39, 42, 45.

SCORPIO
(Oct. 23 – Nov. 21)

Early this week, you may be engaged with someone whose agenda you oppose. If you can't find common ground, perhaps wait a few days before making any decisions. Lucky numbers: 4, 6, 7, 11, 24, 34.

SAGITTARIUS
(Nov. 22 – Dec. 21)

You may find yourself faced with several options at midweek. Sort through the pros and cons, but consider postponing any definitive action for a few days. Lucky numbers: 10, 11, 13, 17, 26, 46.

CAPRICORN
(Dec. 22 – Jan. 19)

You may find yourself torn between your head and your heart for a few days at week's end. Might you be able to find a compromise that meets the needs of both? Lucky numbers: 9, 17, 27, 28, 42, 44.

AQUARIUS
(Jan. 20 – Feb. 18)

Sometimes it is difficult for Aquarius to communicate their lofty goals in ways that inspire others. The next few weeks may offer you an opportunity to do this. Lucky numbers: 16, 25, 31, 33, 34, 35.

PISCES
(Feb. 19 – March 20)

Pisces has esoteric insights that may be hard to describe to others with a more mundane lens. For the next few weeks, would adjusting your viewpoint help with this? Lucky numbers: 2, 3, 18, 23, 35, 43.

Lucky numbers this week: This week's odds favor Leo winners with the luckiest number being 30.

Did You Know...

Color squirrel: India's Malabar giant squirrel is known for its striking mix of colors and unusually long body. Living high in the forest canopy, it stores a wide range of foods and uses its bold coat to blend into shifting light among the branches.

Ancient tunes: Early humans carved basic flutes from bird and mammoth bones more than 35,000 years ago. These simple instruments show that people were making organized sound long ago with whatever materials they could obtain.

Bark spice: Cinnamon starts as the inner bark of select tropical trees, trimmed away in thin sheets, and dried and rolled into the sticks we know. This simple preparation keeps the bark usable, allowing its natural warm aroma to shine when added to food.

Luck tap: People often knock on wood after saying something optimistic, as a ritual to keep misfortune away. One theory links the habit to early beliefs that trees held protective spirits, so tapping the wood was seen as a way to ask for support.

Sand ban: Some Spanish beaches have outlawed casual sandcastle building, turning a childhood pastime into a ticketed offense. The rule aims to keep the shoreline clear, meaning even a simple tower might require official permission first.

On the Lighter Side

Dad: "I was a lot better at history than you are."
Son: "Well, there was a lot less of it then!"

Knock! Knock! Who's there? Aaron. Aaron who? Aaron on the barbershop floor.

Why do refrigerators hum? They don't know the words.

Sign outside of an exterminator: We make mouse calls!

An amoeba walks into a bar. The bartender said, "Pay your tab before you split."

Answers

4. J.M. Barrie 5. Sound
Trivia answers: 1. Dr. Seuss 2. 305 3. True

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