

LIST WITH SCOTT

Scott Arsenault
 listwithscott.ca
250-438-0153
 Maximum Exposure Marketing
 Elevating Visibility, Maximizing Value

INTERACTIVE ADVENTURES
 INTERACTIVE-ADVENTURES.COM
 See new places. Try new things. Meet new people.
 • Rail Experiences • Rocky Mountains
 • Sunshine Coast • International Trips
 • Wells Gray Waterfalls • Small Group Adventures

GO BOX STORAGE
Storage on your schedule!
 Moving & Storage Made Easier in Kamloops
 Need extra space? GoBox Storage delivers secure storage containers to your door—store on-site or with us, on your schedule.
 Heated \$109/mo - Unheated \$79/mo - Your Home \$79/mo
Contact Us Today! 250.374.4646
goboxstorage.ca

WIGS and TOPPERS
Hair Bliss By Louanne
 Many Colors and Styles
 Human and Synthetic Hair
778-586-5375
 By appointment only

Thank you Kamloops!
 best of kamloops 2026
 PRESENTED BY KamloopsNow
Coffee News BRONZE WINNER

THANK YOU! MR. MIKES
 for being a distribution partner and donating gift cards for our Find the Coffee News Guy contest.
Coffee News

SUMMER GIFT FOR YOU
 FREE TEETH
 CLEANING WORTH \$181
 WITH NEW PATIENT EXAM AND TWO X-RAYS, FOR \$89 ONLY
 BOOK BEFORE JULY 15, 2026
 Offer applicable to new patients with or without dental insurance plan
CALL: 250-372-1212
 MON-THUR: 8:00 AM - 4:00 PM
 200-125 FOURTH AVENUE, KAMLOOPS, BC V2C 3N3
 WELCOMING NEW PATIENTS
 ACCEPTING CANADIAN DENTAL CARE PLAN (CDCP)
 Fourth Avenue Dental
 FAMILY DENTISTRY

OWED MONEY
 ON A CONSTRUCTION OR INSURANCE CLAIM?
 We help you recover what's owed.
 • Collection Support
 • Detailed Documentation
 • Dispute Resolution
 • Process Server
250.255.0498
 contact@contractingbc.com | contractingbc.com

New Issue Every Week!
FREE! Coffee News
 "News To Be Enjoyed Over Coffee"
Kamloops Nicola Edition
604-704-5865
 kamloopsshuswapcoffeeneews.com
 Coffeeneewstns@gmail.com
 Volume 3:36 July 6, 2026

Everybody's Talking!
Signal skills: Researchers in London, England discovered that bumblebees can tell the difference between long and short flashes of light, much like the "dash" and "dot" pattern used in Morse code. To test this, scientists built a small maze and trained the bees to follow a brief flash linked to a sweet reward while ignoring a longer flash tied to something they didn't want. When the treats were later removed, the bees still chose the correct signal, showing they'd learned the timing rather than relying on smell or position. Because insects don't usually encounter flashing cues, the results point to a surprisingly flexible sense of timing. The study also offers a new way to explore how small nervous systems handle complex tasks.

Digital treasure: On the Caribbean island of Anguilla, a once-forgotten web domain has become a financial lifeline. When countries were first assigned internet codes, Anguilla received ".ai," a simple extension that now draws global attention thanks to artificial intelligence. Tech firms and entrepreneurs pay significant fees to secure .ai addresses, bringing steady revenue for the small British territory. The growing profits complement tourism, long the island's main industry, while helping offset losses from hurricanes. Anguilla manages the domain market alongside a U.S. partner, earning a share from every registration. What began as a random technical designation has evolved into a lasting economic opportunity for the island's future.

Ocean bounty: A salvage team searching an old wreck site on the coast of Florida (U.S.), uncovered a spread of historic coins resting below the waves. The area is tied to a Spanish fleet that vanished during a violent storm, leaving part of its cargo scattered across the seafloor. Divers retrieved gold escudos, silver pieces, and fragments of a sack that hint at a larger stash still buried in the sand. The recovered coins are valued at roughly \$1 million (USD), adding financial weight to the find. Each piece reflects the region where it was minted, offering clues about the trade networks of the Spanish Empire. With much of the fleet still missing, experts believe these discoveries represent only a small portion of what remains underwater.

Desert bond: Herders in the wide reaches of the Gobi Desert use a musical ritual to reunite camel mothers with calves they refuse to accept. A musician plays slow melodies on instruments like the horsehead fiddle while the pair stands tethered together on the sand. The tune shifts with the animals' behavior, blending rhythm and chanting meant to echo the movements and calls of camels. Families sometimes add older methods such as wrapping the calf in the pelt of a lost newborn. These traditions were passed down to help orphaned calves survive and ensure milk in harsh conditions. With fewer young nomads remaining in the desert, elders fear this ritual could fade unless it is protected for future generations.

Quoteable Quotes
 "The beginning is always today."
 —Mary Wollstonecraft Shelley
 "To put your hands in a river is to feel the chords that bind the earth together."
 —Barry Lopez

What's Happening

The City of Kamloops and BCLC are proud to present another great season of Music in the Park from July 1- August 31, 2026. The summer concert season brings a variety of blues, rock, classics, country, tribute bands, and more that will appeal to the whole family. Free performances take place at the Riverside Park Rotary Bandshell each evening, 7:00-8:30 pm, weather and air quality permitting.

The Kamloops Social Club is hosting a dance with Jerry De Souza on Sunday July 19th. His music is a mix of pop, light rock and a bit of light country from 60's and 70's. Location is St. Paul's Cathedral at 360 Nicola July 19 from 7-10 pm. Admission \$15 at the door prizes and fifty-fifty draw as well.

CFBX, the campus/community radio station located at Thompson Rivers University, will host three 10-day Summer Radio Camp for high school students, from July 6-17, July 27- August 7, and August 17-28, 2026. Students will learn the art of radio, from interviewing and scripting a radio show, to editing, sound production and journalistic standards. Instruction will be guided by veterans of radio production, hosting, journalism, writing and teaching, using professional gear and real-world techniques. For more information about Sound Waves, contact CFBX at 250-377-3988 or email to stationmanager@tr.ca. Check out our Sound Waves 2026 video promo https://www.youtube.com/watch?v=puU_7PLhs2o

This year the Legion celebrates 100 years of service. We are offering free membership for the year. Come by the Legion at 425 Lansdowne St (Thurs-Sun) or go on-line at Legion.ca. Thursday is Open Mic - come have a dinner (5:30) and listen to some great local music (6:30). Meat draws Saturday and Sunday (2:30-4:30)

Trivia

- Does jazz musician Herbie Hancock play the piano, trombone, or saxophone?
- What is the capital of Brazil?
- Who wrote the novel Jane Eyre?
- Bees are the only pollinators—T/F?
- This planet is closest to the sun.

(Flip bottom of page for answers)
 © Published with Permission by Tracy Taylor
 (Over)

Caregivers Support Group
 Join our free monthly support group for caregivers in our community. This safe, supportive space is here to help those caring for loved ones with chronic or life-limiting illnesses, offering connection, shared experiences, and comfort.
The 2nd WEDNESDAY of every month 1:00 - 2:30pm
 To register, contact:
 admin@kamloopshospice.com
 250-372-1336
 Kamloops Hospice
 Cooper Community Center
 72 Whiteshield Crescent S.
 Kamloops, BC

HOME APPLIANCE REPAIRS & SERVICES
 We service Kamloops and surrounding areas including Shuswap, Merritt, Lilloett, Lytton, Logan lake, Cache Creek, Barriere, Clearwater and Sunpeaks.
GORD'S
 APPLIANCE • MATTRESS CENTRE
 948 Tranquille Road, Kamloops, BC
 gordskamloops.ca Phone:250-376-5353

Give them a Gift Box.
 Use coupon code COFFEE for \$5 off!
KamloopsGiftBaskets.ca
778-220-8634

travel best bets
 Your Kamloops Representatives
shelley.ford@travelbestbets.com
debbie.ulinder@travelbestbets.com

State of the Art Digital Denture Clinic Includes:
 •3D modeling •3D printing •Intraoral scanning •Milling
 -Offering services for all your denture needs:
 •Full upper/lower dentures • Immediate dentures
 •Partial dentures • Implant retained dentures
 •Relines/rebases • Repairs
 •Professional denture cleaning
 •Teeth whitening •Mouth guards
INNOVATION DENTURE CENTER
 Able to do mobile appointments if needed
 Denturist: Trista Ford RD, DD
 741 Sahali Terrace, Suite #100, Kamloops, BC V2C 6X7
 (Kamloops Surgical Centre building)
 info@denturecenter.ca | denturecenter.ca | 778.362.2211

BEARDED PLUMBER CANADA
Graham Young, Red Seal Journeyman Plumber
PLUMBING, HEATING & COOLING REPAIRS, MAINTENANCE & RENOVATIONS
 Serving Kamloops and surrounding areas
graham@beardedplumbercanada.com
250-851-1840

It's a dirty job, but somebody has to do it. Let it be Groess!
 • Sewer & drain maintenance
 • Emergency Repairs
 • Camera Scoping
A GROESS UNDERGROUND
 THE DRAIN CLEANING SPECIALISTS
 Think Sewers... Think Groess
Call Dan: 250-377-5364

YEAR ROUND RV SITES
250-577-3468 pondersapinesrv@hotmail.ca
New Long Term RV Sites Now Available
 • Rural Setting, Walking/Hiking Trails
 • 10 Minutes from Chase, 25 Minutes from Kamloops
 • New Municipal Grade Water, Sewer and 50 AMP Power
 • Boat/Trailer Storage Available
Pondersapinesrvpark.ca 250-577-3468

TRAINING DOGS THE WAY THEY UNDERSTAND

Roving K-9 Kare

- Private Lessons
- Behavior assessments
- Confidence Building
- Mobile Nail Trimming

Call or Text
250-852-1788
Andrea Hall
Certified Canine Trainer
rovingk9kare@gmail.com



Coffee News wants to hear from you!

Please take our reader survey!

Enter to win \$100!

www.coffeenews.com/readersurvey




Congratulations

to our June \$50 contest winner...
Arthur Smith!



KAMLOOPS SENIORS VILLAGE

Independent Living - Assisted Living - Long Term Care

Start Planning Early & Book Your Tour Today!

Everyone has a story. Come hear ours and share yours!

T: 250-574-0037 / 1220 Hugh Allan Drive, Kamloops BC

www.retirementconcepts.com / Follow Our Fun on Facebook!

Enter to Win

Identify the ad where the Coffee News® Guy is hidden for your chance to win!

Enter Contest at:
Coffeenews@msn.com

Enter your name, phone number, where the Coffee News guy is hiding, the issue date and your city location

ACTUAL SIZE →

FOOT CARE

delivered to your home, care facility or hospital

- Foot Assessments
- Nail Cleaning
- Trimming, Filing, Reduction
- Treatment of Corns and Calluses
- Diabetic Footcare
- Client Education

LIZAFEDCHKO LPN, FCN

LIZA'S FOOT CARE

250-319-5006 | Lizafedchko@hotmail.com

MANHANDLER BARBER SHOP

CLASSIC CUTS. MODERN STYLE.

MEN'S HAIRCUT \$30

SENIOR HAIRCUT \$24

EXPERIENCED BARBERS

CLASSIC & MODERN CUTS

FRIENDLY, RELAXED ATMOSPHERE

Look Sharp. Feel Confident.

373 VICTORIA STREET DOWNTOWN KAMLOOPS

250-377-6877 WALK-INS WELCOME

BOOK ONLINE MANHANDLERBARBERSHOP.COM

CASH TODAY FOR YOUR SCRAP VEHICLES

FILTHY PHIL & HIS DUMMER BROS.

Local and Long Distance Auto Hauling serving Kamloops Area and Lower Mainland

Hot Shot service available

Call **604 603-9004**

We pick up scrap metal too!



Your Weekly Horoscopes

ARIES (March 20 - April 19)

You may be annoyed by the responsibilities that others are assigning to you. You might be asked to put the needs of others before your own desires for now. Lucky numbers: 1, 13, 21, 22, 30, 42.

TAURUS (April 20 - May 20)

Someone you love may hold the key to helping you heal an old emotional wound. Accept their aid, but understand that only you can do the work to achieve this outcome. Lucky numbers: 10, 14, 17, 23, 36, 44.

GEMINI (May 21 - June 20)

You may find that the end of the week is very busy and you might be overwhelmed with information. Wait until things calm down to sort through and evaluate it. Lucky numbers: 12, 13, 14, 31, 33, 41.

CANCER (June 21 - July 22)

Your words could help nurture others at week's end. Be careful in crafting your message, so that they truly listen to and absorb what you want to communicate to them. Lucky numbers: 4, 5, 12, 16, 39, 47.

LEO (July 23 - Aug. 22)

A new opportunity may be available for you, but it might not be an obvious one. It could require flexibility and stepping into a new skill set in order to manifest it. Lucky numbers: 7, 27, 33, 42, 43, 46.

VIRGO (Aug. 23 - Sept. 22)

The midweek energy is well grounded, complementing your Virgo work ethic and attention to detail. Before it passes, try to apply this energy to something productive. Lucky numbers: 2, 4, 26, 27, 29, 37.

LIBRA (Sept. 23 - Oct. 22)

Libras prefer to use tact and diplomacy to facilitate change with others. But early in the week, a stronger approach may be needed to break through obstacles to progress. Lucky numbers: 3, 6, 10, 11, 32, 34.

SCORPIO (Oct. 23 - Nov. 21)

Midweek your fixed Scorpio determination may run into a stalemate with others. Resist the temptation to dig in your heels; find compromise where you can. Lucky numbers: 5, 12, 13, 18, 20, 29.

SAGITTARIUS (Nov. 22 - Dec. 21)

At week's end, step back if something or someone challenges your life philosophy. Consider if you still hold these beliefs or if you need to reconsider them. Lucky numbers: 14, 22, 31, 36, 43, 46.

CAPRICORN (Dec. 22 - Jan. 19)

A strength of Capricorn is the ability to succeed in your ambitions. However, the challenge for you at week's end is to also nurture the needs of the larger community. Lucky numbers: 6, 8, 12, 23, 29, 47.

AQUARIUS (Jan. 20 - Feb. 18)

Those with an Aquarius Sun often want to tackle the thorniest human problems, ones with no easy solutions. At midweek, seek information and insights that can help. Lucky numbers: 13, 21, 22, 24, 25, 42.

PISCES (Feb. 19 - March 20)

Midweek energy heightens your natural empathy and connection to others. Pisces can be pulled under by these waters, so focus on doing something positive instead. Lucky numbers: 11, 19, 22, 34, 41, 48.

Lucky numbers this week: This week's odds favor Leo winners with the luckiest number being 7.

Did You Know...

Crayon candle: In a pinch, a single crayon can light up the dark. Made of wax like a candle, it burns slowly as its paper wrapper acts as a wick, offering a surprisingly clever and dependable source of light during unexpected emergencies.

Platform passion: In France, a century-old law technically forbids kissing on train platforms. It was meant to keep departures on schedule, since long goodbyes once delayed trains, though today most travelers overlook it for one last kiss.

Hidden stripes: Tigers look bright orange to us, but many of the animals they hunt see limited color. To those prey species, a tiger's coat appears greenish instead, letting the big cats blend into the forest far more easily than people might expect.

Story skies: Uranus is surrounded by 28 moons, all named after characters from classic plays and poems. Their surfaces range from bright icy tones to deep shadowy hues, creating a cosmic stage worthy of their literary names.

Veggie rhythms: Scientists have discovered that fruits and vegetables, including cabbage and carrots, keep their own internal schedule even after harvest. They still react to light and darkness, carrying on their daily cycles long after leaving the field.

On the Lighter Side

Knock! Knock! Who's there? Lisa. Lisa who? Lisa can do is let me in.

What is worse than finding a worm in an apple? Finding half a worm.

The fortune teller likes her work because she always has a ball.

Did you know there is a 007 that spies underwater? James Pond!

Patient: "Doctor, I am dizzy for a half hour after waking up."
Doctor: "Well, you should get up a half hour later."

Answers

Trivia answers: 1. Piano 2. Brasilia 3. Charlotte Bronte 4. False 5. Mercury

For available franchise opportunities - visit www.coffeenewsfranchise.com

FRANCA MURACA NOTARY PUBLIC

- Will and Estate Planning
- Incapacity Planning
- Real Estate Transactions
- Notarizing Documents

T: 778-696-4LAW E: info@muracanotary.ca
301-619 Victoria Street
muracanotary.ca




ASHCROFT INTERIOR BLINDS

Your local provider & installer of exclusive lifetime guaranteed

HunterDouglas window treatments

April 1 - June 30

- Free DuoLite upgrade on Duetto Honeycomb Shades
- Free LightLock upgrade on Duetto Honeycomb shades
- 10% off Alta Roller Shades & Faux Wood blinds

Serving Thompson-Nicola and beyond

No charge travel, measure or quote

250.457.7195
ashcroftinteriorblinds@gmail.com
www.ashcroftinteriorblinds.com



Invest in a Better Sleep!

WE HAVE THE PERFECT MATTRESS FOR YOU

- GORD'S - 948 Tranquille Road, Kamloops, BC
APPLIANCE • MATTRESS CENTRE
Your Service Experts! gordskamloops.ca Phone: 250-376-5353



Value Thrift Shop

For Your Family's Money

Open Monday - Thursday 10am - 5pm
Fridays Saturdays 10am - 3pm

Donations Accepted

Kamloops United Church
421 St. Paul Street
Kamloops, BC V2C 2J7
(250) 372-3020
facebook.com/kucThriftShop




Need a DJ?

Mobile Entertainment Kamloops

Trivia • DJ Services • Karaoke

mobileentertainmentkamloops@hotmail.com
Don Taylor: 604-704-5865



kamloops insurance

When you want something covered.

Open Everyday

250.374.7466 | www.kamloopsinsurance.ca
#220-450 Lansdowne Street (Next to London Drugs)



Elks Lodge #44 donating \$1,000.00 to Kamloops Long Blades.

Pictured from left to right are Wayne Saboe, Don Bourdon, Vaino Pennanen, Bobby Yearly, and representing Kamloops Long Blades are Trish Archibald and Sandi Wyse, Donna Mazur, President Warren Nielsen, and Hilary Heim.

