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Volume 3:31 June 1, 2026



Everybody's Talking!

Famous branches: A sprawling cedar tree in London, known for appearing with the Beatles in the video for "Rain," has gained new fame as a finalist in a European tree contest. The ancient tree stands in the gardens of Chiswick House, where its sweeping limbs have become a landmark of both music and history. Contest organizers included it under the "Rooted in Culture" theme, alongside other notable trees like a historic oak tied to Lady Jane Grey and one in Wiltshire said to have inspired the British rock band Radiohead's *King of Limbs* album. The competition highlights how trees can hold stories that bridge art, heritage, and nature, connecting generations through shared cultural roots.

Kind kitchen: In Austin, Texas (U.S.), the owners of a long-running Korean restaurant have built a community tradition by giving away over 15,000 free meals to anyone who shows up. Once a month, Korea House opens its doors for a free lunch, and cooks and waitstaff volunteer their time to prepare and serve traditional dishes. Locals, students, and homeless guests eat together at crowded tables, sharing food and conversation. The restaurant's owners say their faith and gratitude inspire the event. Tips are collected and donated to those in need, keeping the spirit of giving moving forward. For many, the event represents more than a meal; it's a reminder of generosity at its simplest form and the power of food to bring people together.

Motion control: Engineers at Meta, the company behind Facebook, have created a wrist device that turns hand movements into computer commands. The bracelet senses tiny electrical signals from wrist muscles and converts them into actions like typing, scrolling, or selecting text without touch. Built by Meta's Reality Labs, it uses artificial intelligence to recognize motion patterns across users, improving accuracy as it learns. The device connects by Bluetooth and needs no invasive setup. Designed to help people with limited mobility or those managing multiple screens, it offers a glimpse of how technology could soon respond directly to muscle movement, blending physical gestures with digital control.

Urban stargazing: A volunteer group called PopScope is turning ordinary sidewalks into astronomy viewing spots, giving city dwellers a chance to see the night sky up close. Started in Ottawa, Ontario (Canada), the project sets up telescopes in busy areas and invites anyone passing by to take a free look at planets, stars, or the moon. What began as a local experiment has grown across several countries, with hundreds of pop-up events drawing curious crowds. Reactions often shift from surprise to awe as people glimpse Saturn's rings or Jupiter's moons through city lights. For the volunteers, it's less about data and more about connection, reminding everyone that even in crowded streets, there's still wonder waiting above.

Quoteable Quotes

"Only enemies speak the truth; friends and lovers lie endlessly, caught in the web of duty." —Stephen King

"We can't plan life. All we can do is be available for it." —Lauryn Hill

What's Happening

Kamloops Tattoo Show June 12-14th 2026 at McArthur Sports Arena. With 178 tattoo artists registered, the show brings together artists and visitors from across the country and this year we're proud to support two local youth initiatives. We'll be hosting a 50/50 fundraiser supporting Foundry BC, an organization that provides youth aged 12-24 with access to mental health care, substance use support, peer support, and wellness resources in one accessible space. We are also organizing a live art auction, where tattoo artists and local creatives will donate artwork, with proceeds going toward the Sun Peaks Skate Park Foundation to help support youth skate infrastructure and community recreation. In addition to the fundraisers, the show will feature over seven live performances throughout the weekend, including sword swallowing, aerial performers, live music, Tkemlups to Secwépemc youth in regalia and more.

CFBX Record Fair Returns. CFBX, the campus/community radio station is happy to announce our annual Record Fair, happening Saturday, June 6th at the St. Andrew's Presbyterian Church, 1136 6th Avenue in downtown Kamloops. Admission to the fair is just \$2. Doors open at 10 AM and the fair will run to 4 PM.

June Night Jazz June 12th | 7-11 PM | St. Paul's Cathedral, 360 Nicola St. Kamloops A night of swing dancing to live music by our local big band Beyond Brass. No experience necessary. Tickets \$30 @ the door.

FREE event: Community Miyoyáawin (Wellness) Connections. Date and time: June 24, 2026 | Kamloops | 2-7 PM Thompson River University | Mountain Room Location: 805 TRU Way, Kamloops, BC V2C 0C8. We are pleased to welcome Métis community members of all ages, including families, children, youth, adults, and Elders and Veterans to this inclusive and intergenerational event. This event has been thoughtfully designed to create a welcoming space where community can come together, connect, celebrate Métis culture, and access information and resources related to health and wellness programs and services available throughout the Interior region. Drop in at any time to enjoy refreshments, vendors, entertainment, door prizes, beading, medicine bag making, Elders spaces + more! For any questions, please contact: health@mnbc.ca

The Kamloops Social Club is hosting a live band Kelly Bellanger on June 14 at 7pm at St. Paul's Cathedral at 360 Nicola Street. DOOR PRIZES, FIFTY FIFTY DRAW...dancing to a great combination of Country and Pop tunes. Admission \$15 at the door.

Trivia

1. Was Chile a home to the Inca, Maya, or Aztec people?
2. Greece is the westernmost country on the Mediterranean Sea—T/F?
3. What is the smallest bird in the world?
4. In the movie *The Wizard of Oz*, is Kansas portrayed in color or black and white?
5. What does A.I. stand for?

(Flip bottom of page for answers)



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Your Weekly Horoscopes

ARIES

(March 20 - April 19)



At midweek, you may be confused about how to proceed. If you just keep working through the fog, you might come out on the other side in a few days. Lucky numbers: 8, 13, 31, 34, 35, 39.

TAURUS

(April 20 - May 20)



Because of their grounded, practical nature, a Taurus sometimes resists intuition. For the next few weeks, you may have a chance to cultivate this quality. Lucky numbers: 1, 3, 8, 14, 29, 44.

GEMINI

(May 21 - June 20)



Geminis often focus on head over heart. But if you are flexible for the next few weeks, you may have an opportunity to integrate a more nurturing energy right now. Lucky numbers: 5, 24, 29, 34, 39, 46.

CANCER

(June 21 - July 22)



This month, think carefully before you speak because you may be subject to high emotions that tempt you to lash out if you feel verbally attacked by others. Lucky numbers: 9, 10, 14, 31, 33, 42.

LEO

(July 23 - Aug. 22)



At midweek you may be asked to expand your view beyond your interests. To move past the stalemate, consider how you could contribute to your community. Lucky numbers: 17, 21, 24, 34, 40, 47.

VIRGO

(Aug. 23 - Sept. 22)



You may feel out of sorts for a few days at the end of the week. You might want to take this opportunity to unplug from the world and get in touch with yourself. Lucky numbers: 7, 15, 16, 27, 32, 34.

LIBRA

(Sept. 23 - Oct. 22)



You may be tempted to overreact to what others say during the next few weeks. Taking a step back could help avoid a conflict that continues after this period ends. Lucky numbers: 4, 17, 19, 23, 25, 36.

SCORPIO

(Oct. 23 - Nov. 21)



Upcoming energy could boost your empathy for your fellow humans. How might you use this to communicate your intuitive insights for others to really hear? Lucky numbers: 2, 13, 33, 37, 38, 48.

SAGITTARIUS

(Nov. 22 - Dec. 21)



Philosophy and beliefs can be important in how you define yourself. You may be encouraged over the next few weeks to adjust that definition to be less rigid. Lucky numbers: 6, 7, 19, 31, 38, 39.

CAPRICORN

(Dec. 22 - Jan. 19)



Capricorn ambition encourages success and building positive structures in your life. This ambition may get a brief boost early this week. Take advantage of it. Lucky numbers: 10, 16, 21, 28, 37, 39.

AQUARIUS

(Jan. 20 - Feb. 18)



Aquarius is interested in humanitarian evolution, but can struggle to connect with individuals. For a few weeks, an adjustment may encourage you to be more nurturing. Lucky numbers: 3, 4, 8, 17, 19, 41.

PISCES

(Feb. 19 - March 20)



At week's end, your emotions may be heightened. This might cascade into a negative situation, so be conscious of how to direct this energy in a positive direction. Lucky numbers: 13, 22, 26, 39, 41, 43.

Lucky numbers this week: This week's odds favor Capricorn winners with the luckiest number being 37.

Did You Know...

Historic hub: Long before any modern metropolis, ancient Rome became the first city to house over a million people. Its bustling streets, flowing water, and thriving markets made it the urban heart of its time, unmatched until centuries later.

Palace giant: The Royal Palace of Caserta in southern Italy was built for Bourbon kings and remains one of the largest royal residences in the world. Designed to rival Versailles, it holds hundreds of rooms and vast gardens that still draw visitors today.

Blood hunt: When it comes to mosquitoes, the females are the ones causing all the trouble. They need blood to develop their eggs, so they seek out people and animals. Males, meanwhile, stay harmless by sipping nectar instead.

Sky span: Hidden in Washington's Olympic Peninsula (U.S.), the High Steel Bridge rises hundreds of feet above the Skokomish River. Once built for trains and now open to cars, it remains one of the tallest and most striking bridges in the country.

Fossil fizz: A brewery once brewed beer using yeast taken from ancient whale fossils. The experiment turned an ordinary drink into something unusual, blending science with craft brewing and giving people a chance to sip a little bit of history.

On the Lighter Side

Did you hear about the feline who won a dog show? It was a cat-astrophe.

Moe: "What animal can jump higher than a house?"

Joe: "Any animal. Houses can't jump."

Knock! Knock! *Who's there?* Grape. *Grape who?* Grape game you played today!

What time is it when an elephant sits on your fence? Time to get a new fence.

If you want to make some money, get into flower sales. I hear business is blooming.

Answers

Trivia answers: 1. Inca 2. False, Spain and Morocco 3. Hummingbird 4. Black and white 5. Artificial intelligence

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