



Need the best union?
HEU is here for you.

Talk to an HEU organizer.
joinheu.ca

HOME APPLIANCE REPAIRS & SERVICES

We service Kamloops and surrounding areas including Shuswap, Merritt, Lillooet, Lytton, Logan lake, Cache Creek, Barriere, Clearwater and Sunpeaks.

GORD'S APPLIANCE • MATRESS CENTRE
Your Service Experts!

948 Tranquille Road, Kamloops, BC
gordskamloops.ca Phone: 250-376-5353

Give them a Gift Box.

Use coupon code **COFFEE** for \$5 off!



KamloopsGiftBaskets.ca
778-220-8634

travel best bets

Your Kamloops Representatives

shelley.ford@travelbestbets.com
debbie.ulinder@travelbestbets.com

LIST WITH SCOTT



listwithscott.ca
250-438-0153

Maximum Exposure Marketing
Elevating Visibility, Maximizing Value

INTERACTIVE ADVENTURES

INTERACTIVE-ADVENTURES.COM

See new places. Try new things. Meet new people.

- Rail Experiences
- Rocky Mountains
- Sunshine Coast
- International Trips
- Wells Gray Waterfalls
- Small Group Adventures



Storage on your schedule!

Moving & Storage Made Easier in Kamloops

Need extra space? GoBox Storage delivers secure storage containers to your door—store on-site or with us, on your schedule.

Heated \$109/mo - Unheated \$79/mo - Your Home \$79/mo

Contact Us Today! 250.374.4646
goboxstorage.ca

WIGS and TOPPERS

Hair Bliss By Louanne

Many Colors and Styles
Human and Synthetic Hair

778-586-5375

By appointment only

New Issue Every Week!

FREE! Coffee News®

"News To Be Enjoyed Over Coffee"

Kamloops Nicola Edition
604-704-5865



kamloopsshuswapcoffeenews.com
Coffeenews@gmail.com

Volume 3:31 June 1, 2026

Everybody's Talking!

Famous branches: A sprawling cedar tree in London, known for appearing with the Beatles in the video for "Rain," has gained new fame as a finalist in a European tree contest. The ancient tree stands in the gardens of Chiswick House, where its sweeping limbs have become a landmark of both music and history. Contest organizers included it under the "Rooted in Culture" theme, alongside other notable trees like a historic oak tied to Lady Jane Grey and one in Wiltshire said to have inspired the British rock band Radiohead's *King of Limbs* album. The competition highlights how trees can hold stories that bridge art, heritage, and nature, connecting generations through shared cultural roots.

Kind kitchen: In Austin, Texas (U.S.), the owners of a long-running Korean restaurant have built a community tradition by giving away over 15,000 free meals to anyone who shows up. Once a month, Korea House opens its doors for a free lunch, and cooks and waitstaff volunteer their time to prepare and serve traditional dishes. Locals, students, and homeless guests eat together at crowded tables, sharing food and conversation. The restaurant's owners say their faith and gratitude inspire the event. Tips are collected and donated to those in need, keeping the spirit of giving moving forward. For many, the event represents more than a meal; it's a reminder of generosity at its simplest form and the power of food to bring people together.

Motion control: Engineers at Meta, the company behind Facebook, have created a wrist device that turns hand movements into computer commands. The bracelet senses tiny electrical signals from wrist muscles and converts them into actions like typing, scrolling, or selecting text without touch. Built by Meta's Reality Labs, it uses artificial intelligence to recognize motion patterns across users, improving accuracy as it learns. The device connects by Bluetooth and needs no invasive setup. Designed to help people with limited mobility or those managing multiple screens, it offers a glimpse of how technology could soon respond directly to muscle movement, blending physical gestures with digital control.

Urban stargazing: A volunteer group called PopScope is turning ordinary sidewalks into astronomy viewing spots, giving city dwellers a chance to see the night sky up close. Started in Ottawa, Ontario (Canada), the project sets up telescopes in busy areas and invites anyone passing by to take a free look at planets, stars, or the moon. What began as a local experiment has grown across several countries, with hundreds of pop-up events drawing curious crowds. Reactions often shift from surprise to awe as people glimpse Saturn's rings or Jupiter's moons through city lights. For the volunteers, it's less about data and more about connection, reminding everyone that even in crowded streets, there's still wonder waiting above.

Quoteable Quotes

"Only enemies speak the truth; friends and lovers lie endlessly, caught in the web of duty."
—Stephen King

"We can't plan life. All we can do is be available for it."
—Lauryn Hill

What's Happening

Kamloops Tattoo Show June 12-14th 2026 at McArthur Sports Arena. With 178 tattoo artists registered, the show brings together artists and visitors from across the country and this year we're proud to support two local youth initiatives. We'll be hosting a 50/50 fundraiser supporting Foundry BC, an organization that provides youth aged 12-24 with access to mental health care, substance use support, peer support, and wellness resources in one accessible space. We are also organizing a live art auction, where tattoo artists and local creatives will donate artwork, with proceeds going toward the Sun Peaks Skate Park Foundation to help support youth skate infrastructure and community recreation. In addition to the fundraisers, the show will feature over seven live performances throughout the weekend, including sword swallowing, aerial performers, live music, Tiktoktips to Secwépemc youth in regalia and more.

CFBX Record Fair Returns. CFBX, the campus/community radio station is happy to announce our annual Record Fair, happening Saturday, June 6th at the St. Andrew's Presbyterian Church, 1136 6th Avenue in downtown Kamloops. Admission to the fair is just \$2. Doors open at 10 AM and the fair will run to 4 PM.

June Night Jazz June 12th | 7-11 PM | St. Paul's Cathedral, 360 Nicola St. Kamloops A night of swing dancing to live music by our local big band Beyond Brass. No experience necessary. Tickets \$30 @ the door.

FREE event: Community Miiyoyáawin (Wellness) Connections. Date and time: **June 24, 2026 | Kamloops | 2-7 PM Thompson River University** | Mountain Room Location: 805 TRU Way, Kamloops, BC V2C 0C8. We are pleased to welcome Métis community members of all ages, including families, children, youth, adults, and Elders and Veterans to this inclusive and intergenerational event. This event has been thoughtfully designed to create a welcoming space where community can come together, connect, celebrate Métis culture, and access information and resources related to health and wellness programs and services available throughout the Interior region. Drop in at any time to enjoy refreshments, vendors, entertainment, door prizes, beading, medicine bag making, Elders spaces + more! For any questions, please contact: health@mnbc.ca

The Kamloops Social Club is hosting a live band Kelly Bellanger on June 14 at 7pm at St. Paul's Cathedral at 360 Nicola Street. DOOR PRIZES, FIFTY FIFTY DRAW...dancing to a great combination of Country and Pop tunes. Admission \$15 at the door.

Trivia

1. Was Chile a home to the Inca, Maya, or Aztec people?
2. Greece is the westernmost country on the Mediterranean Sea—T/F?
3. What is the smallest bird in the world?
4. In the movie *The Wizard of Oz*, is Kansas portrayed in color or black and white?
5. What does A.I. stand for?

(Flip bottom of page for answers)
© Published with Permission by Tracy Taylor
(Over)



Need the best union?
HEU is here for you.

Talk to an HEU organizer.
joinheu.ca

Graham Young, Red Seal Journeyman Plumber
Serving Kamloops and surrounding areas

PLUMBING, HEATING & COOLING REPAIRS, MAINTENANCE & RENOVATIONS

- Pipe Repair
- Drain Cleaning
- Fixture Installation
- Leak Detection
- Water Heater Repair
- Sewer Line Inspection
- Backflow Prevention
- Bathroom Renovation
- Kitchen Plumbing
- Gas Line Installation
- Septic Tank Service
- Hydronic Heating

BEARDED PLUMBER CANADA CONTACT US (250) 851-1840
beardedplumbercanada.com



It's a dirty job, but somebody has to do it.
Let it be Gross!

- Sewer & drain maintenance
- Emergency Repairs
- Camera Scoping

A GROESS UNDERGROUND
THE DRAIN CLEANING SPECIALISTS
Think Sewers... Think Gross

Call Dan: 250-377-5364



YEAR ROUND RV SITES

250-577-3468 ponderosapinesrv@hotmail.ca

New Long Term RV Sites Now Available

- Rural Setting, Walking/Hiking Trails
- 10 Minutes from Chase, 25 Minutes from Kamloops
- New Municipal Grade Water, Sewer and 50 AMP Power
- Boat/Trailer Storage Available

Ponderosapinesrvpark.ca 250-577-3468

Caregivers Support Group

Join our free monthly support group for caregivers in our community. This safe, supportive space is here to help those caring for loved ones with chronic or life-limiting illnesses, offering connection, shared experiences, and comfort.

The 2nd WEDNESDAY of every month 1:00 - 2:30pm

To register, contact:
admin@kamloopshospice.com
250-372-1336

KAMLOOPS HOSPICE
Cooper Community Center
72 Whiteshield Crescent S.
Kamloops, BC



State of the Art Digital Denture Clinic Includes:

- 3D modeling • 3D printing • Intraoral scanning • Milling

- Offering services for all your denture needs:
- Full upper/lower dentures
- Immediate dentures
- Partial dentures
- Implant retained dentures
- Relines/rebases
- Repairs
- Professional denture cleaning
- Teeth whitening
- Mouth guards

INNOVATION DENTURE CENTER **Able to do mobile appointments if needed**

Denturist: **Trista Ford RD, DD**
741 Sahali Terrace, Suite #100, Kamloops, BC V2C 6X7
(Kamloops Surgical Centre building)
info@denturecenter.ca | denturecenter.ca | 778.362.2211

SUMMER GIFT FOR YOU

FREE TEETH

CLEANING WORTH \$181

WITH NEW PATIENT EXAM AND TWO X-RAYS. FOR \$89 ONLY
BOOK BEFORE JULY 15, 2026

Offer applicable to new patients with or without dental insurance plan

CALL: 250-372-1212

MON - THUR: 8:00 AM - 4:00 PM
200-125 FOURTH AVENUE, KAMLOOPS, BC V2C 3N3

Fourth Avenue Dental
FAMILY DENTISTRY

WELCOMING NEW PATIENTS
ACCEPTING CANADIAN DENTAL CARE PLAN (CCDP)



OWED MONEY

ON A CONSTRUCTION OR INSURANCE CLAIM?

We help you recover what's owed.

- Collection Support
- Detailed Documentation
- Dispute Resolution
- Process Server

Contracting BC 250.255.0498
contact@contractingbc.com | contractingbc.com




FRANCA MURACA
NOTARY PUBLIC

- Will and Estate Planning
- Incapacity Planning
- Real Estate Transactions
- Notarizing Documents

T: 778-696-4LAW E: info@muracanotary.ca
301-619 Victoria Street
muracanotary.ca

ASHCROFT INTERIOR BLINDS

Your local provider & installer of exclusive lifetime guaranteed

HunterDouglas®
window treatments

April 1 - June 30
Free DuoLite upgrade on Duette Honeycomb Shades
Free LightLock upgrade on Duette Honeycomb shades
10% off Alta Roller Shades & Faux Wood blinds

Serving Thompson-Nicola and beyond

No charge travel, measure or quote

250.457.7195
ashcroftinteriorblinds@gmail.com
www.ashcroftinteriorblinds.com

Invest in a Better Sleep!

WE HAVE THE PERFECT MATTRESS FOR YOU

- GORD'S - 948 Tranquille Road, Kamloops, BC
APPLIANCE • MATTRESS CENTRE
Your Service Experts! gordskamloops.ca Phone: 250-376-5353

TRAINING DOGS THE WAY THEY UNDERSTAND

Private Lessons
Behavior assessments
Confidence Building
Mobile Nail Trimming

Roving K-9 Kare

Call or Text
250-852-1788
Andrea Hall
Certified Canine Trainer
rovingk9kare@gmail.com

Congratulations to our May \$50 contest winner... **Mike McCormick!**

Enter to Win

Identify the ad where the Coffee News® Guy is hidden for your chance to win!

Enter Contest at:
Coffeeneustns@gmail.com

Enter your name, phone number, where the Coffee News guy is hiding, the issue date and your city location

KAMLOOPS SENIORS VILLAGE

Independent Living - Assisted Living - Long Term Care
Start Planning Early & Book Your Tour Today!
Everyone has a story. Come hear ours and share yours!

T: 250-574-0037 / 1220 Hugh Allan Drive, Kamloops BC
www.retirementconcepts.com / Follow Our Fun on Facebook!

Your Weekly Horoscopes

ARIES (March 20 - April 19)



At midweek, you may be confused about how to proceed. If you just keep working through the fog, you might come out on the other side in a few days. Lucky numbers: 8, 13, 31, 34, 35, 39.

TAURUS (April 20 - May 20)



Because of their grounded, practical nature, a Taurus sometimes resists intuition. For the next few weeks, you may have a chance to cultivate this quality. Lucky numbers: 1, 3, 8, 14, 29, 44.

GEMINI (May 21 - June 20)



Gemini often focus on head over heart. But if you are flexible for the next few weeks, you may have an opportunity to integrate a more nurturing energy right now. Lucky numbers: 5, 24, 29, 34, 39, 46.

CANCER (June 21 - July 22)



This month, think carefully before you speak because you may be subject to high emotions that tempt you to lash out if you feel verbally attacked by others. Lucky numbers: 9, 10, 14, 31, 33, 42.

LEO (July 23 - Aug. 22)



At midweek you may be asked to expand your view beyond your interests. To move past the stalemate, consider how you could contribute to your community. Lucky numbers: 17, 21, 24, 34, 40, 47.

VIRGO (Aug. 23 - Sept. 22)



You may feel out of sorts for a few days at the end of the week. You might want to take this opportunity to unplug from the world and get in touch with yourself. Lucky numbers: 7, 15, 16, 27, 32, 34.

Lucky numbers this week: This week's odds favor Capricorn winners with the luckiest number being 37.

Did You Know...

Historic hub: Long before any modern metropolis, ancient Rome became the first city to house over a million people. Its bustling streets, flowing water, and thriving markets made it the urban heart of its time, unmatched until centuries later.

Palace giant: The Royal Palace of Caserta in southern Italy was built for Bourbon kings and remains one of the largest royal residences in the world. Designed to rival Versailles, it holds hundreds of rooms and vast gardens that still draw visitors today.

Blood hunt: When it comes to mosquitoes, the females are the ones causing all the trouble. They need blood to develop their eggs, so they seek out people and animals. Males, meanwhile, stay harmless by sipping nectar instead.

Sky span: Hidden in Washington's Olympic Peninsula (U.S.), the High Steel Bridge rises hundreds of feet above the Skokomish River. Once built for trains and now open to cars, it remains one of the tallest and most striking bridges in the country.

Fossil fizz: A brewery once brewed beer using yeast taken from ancient whale fossils. The experiment turned an ordinary drink into something unusual, blending science with craft brewing and giving people a chance to sip a little bit of history.

On the Lighter Side

Did you hear about the feline who won a dog show? It was a cat-astrophe.

Moe: "What animal can jump higher than a house?"

Joe: "Any animal. Houses can't jump."

Knock! Knock! Who's there? Grape. Grape who? Grape game you played today!

What time is it when an elephant sits on your fence? Time to get a new fence.

If you want to make some money, get into flower sales. I hear business is blooming.

Answers

Trivia answers: 1. Inca 2. False, Spain and Morocco 3. Hummingbird 4. Black and white 5. Artificial Intelligence

For available franchise opportunities - visit www.coffeeneewsfranchise.com

LIBRA (Sept. 23 - Oct. 22)



You may be tempted to overreact to what others say during the next few weeks. Taking a step back could help avoid a conflict that continues after this period ends. Lucky numbers: 4, 17, 19, 23, 25, 36.

SCORPIO (Oct. 23 - Nov. 21)



Upcoming energy could boost your empathy for your fellow humans. How might you use this to communicate your intuitive insights for others to really hear? Lucky numbers: 2, 13, 33, 37, 38, 48.

SAGITTARIUS (Nov. 22 - Dec. 21)



Philosophy and beliefs can be important in how you define yourself. You may be encouraged over the next few weeks to adjust that definition to be less rigid. Lucky numbers: 6, 7, 19, 31, 38, 39.

CAPRICORN (Dec. 22 - Jan. 19)



Capricorn ambition encourages success and building positive structures in your life. This ambition may get a brief boost early this week. Take advantage of it. Lucky numbers: 10, 16, 21, 28, 37, 39.

AQUARIUS (Jan. 20 - Feb. 18)



Aquarius is interested in humanitarian evolution, but can struggle to connect with individuals. For a few weeks, an adjustment may encourage you to be more nurturing. Lucky numbers: 3, 4, 8, 17, 19, 41.

PISCES (Feb. 19 - March 20)



At week's end, your emotions may be heightened. This might cascade into a negative situation, so be conscious of how to direct this energy in a positive direction. Lucky numbers: 13, 22, 26, 39, 41, 43.

Value For Your Family's Money

Open Monday - Thursday 10am - 5pm
Fridays Saturdays 10am - 3pm

Thrift Shop
Kamloops United Church
421 St. Paul Street
Kamloops, BC V2C 2J7
(250) 372-3020
facebook.com/kucThriftShop

Donations Accepted

GOOD QUALITY

Need a DJ?

Mobile Entertainment Kamloops

Trivia • DJ Services • Karaoke

mobileentertainmentkamloops@hotmail.com
Don Taylor: 604-704-5865

kamloops insurance

When you want something covered.

Open Everyday

250.374.7466 | www.kamloopsinsurance.ca
#220-450 Lansdowne Street (Next to London Drugs)

The Squadron Sponsoring Committee thanks the following businesses and organizations for their contributions and support of the

204 Black Maria RCACS

Teck ELKS OF CANADA YKA PROGRESSIVE AIR SERVICES CANADIAN ENERGY WELLS GRAY TOURS FINNING CAT

Province of British Columbia Gaming Commission - Dept of National Defence - Air Cadet League of Canada - BC Provincial Committee - Air Cadet Foundation of BC - The Neave Family - Kamloops Flying Club - 886 Overlander Wing

Place Your Ad Here Exclusively

Lock Out Your Competition!

Call: 604-704-5865

FOOTCARE delivered to your home, care facility or hospital

- Foot Assessments
- Nail Cleaning
- Trimming, Filing, Reduction
- Treatment of Corns and Clouuses
- Diabetic Footcare
- Client Education

LIZA FEDECHKO LPN, FCN
LIZA'S FOOT CARE
250-319-5006 | Lizafedechko@hotmail.com

MANHANDLER BARBER SHOP

CLASSIC CUTS. MODERN STYLE.

MEN'S HAIRCUT \$30
SENIOR HAIRCUT \$24

EXPERIENCED BARBERS
CLASSIC & MODERN CUTS
FRIENDLY, RELAXED ATMOSPHERE
Look Sharp. Feel Confident.

373 VICTORIA STREET DOWNTOWN KAMLOOPS 250-377-6877 WALK-INS WELCOME BOOK ONLINE MANHANDLERBARBERSHOP.COM

CASH TODAY FOR YOUR SCRAP VEHICLES

FILTHY PHIL & HIS DUMMER BROS.

Local and Long Distance Auto Hauling serving Kamloops Area and Lower Mainland
Hot Shot service available

Call 604 603-9004

PHIL SCARFO We pick up scrap metal too!