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Kamloops Nicola Edition

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Everybody's Talking!

Shoe surprise: Deep in a mountain cave in Spain, scientists inspecting an abandoned bearded vulture nest uncovered an unexpected find: a 650-year-old sandal woven from grass and twigs. Protected from wind and sunlight, the ancient artifact remained almost perfectly preserved alongside animal bones, feathers, and handmade tools. Researchers believe the birds unknowingly collected these human-made objects while gathering materials for their nests. Over time, new layers of twigs and debris built up, turning the site into a timeline of natural and human history. The discovery adds to what scientists know about how vultures interact with their surroundings and the traces they leave behind.

Marsh refuge: Just beyond the busy streets of Boston, Massachusetts (U.S.), lies Belle Isle Marsh Reservation, a rare stretch of salt marsh that shelters over 270 different bird species. Surrounded by city neighborhoods, this protected habitat serves as both a wildlife sanctuary and a natural barrier against flooding and coastal erosion. Along its trails, visitors can spot everything from migrating flocks to species listed under a conservation watch. The marsh also cools the urban air and provides open green space in an area once dominated by industry. Decades ago, community efforts stopped it from being developed, preserving a reminder of Boston's coastal past. It remains one of the city's most ecologically important places.

Vinyl illusion: Designer Drew Tetz is turning vinyl records into living artwork using the optical magic of zoetropes. His process blends design, physics, and music, with each record patterned so that when it spins under a strobe light or is filmed by a camera, the images appear to move. What began as creative experimentation has evolved into collaborations with major artists, combining modern tools with techniques rooted in 19th-century animation. Each piece transforms album visuals into motion, syncing rhythm and art in one continuous loop. By merging geometry with imagination, Tetz demonstrates how physical media can still surprise the digital age, turning sound and vision into an experience that feels entirely new.

Royal discovery: Deep within the forests of Belize, archaeologists have revealed a burial chamber believed to belong to an early ruler of the Mayan city of Caracol. Part of an ancient civilization known for its temples, writing, and complex trade networks, the Maya once thrived across Central America. Hidden beneath an older tomb, the site contained carved jade pieces, ornate ceramics, and a distinctive mask that point to immense wealth and ceremonial power. The discovery highlights the city's prominence and its ties to distant regions, including parts of central Mexico where similar artifacts have been found. The find offers new insight into the influence of early Maya leaders.

Quoteable Quotes

"Success is to be measured not so much by the position that one has reached in life as by the obstacles which he has overcome." —*Booker T. Washington*

"Shine like the whole universe is yours." —*Rumi*

What's Happening

Amazing Singing Pop/Rock Accapella Choir's Spring Concert is Friday May 22 at 7 pm at St Andrew's Presbyterian Church on 6th Avenue. Tickets at amazingsinging.ca

The Dogwood Dustup at the old Cache Creek airport May 22 - 24. Old time drag racing, flag start, period correct flathead engines and cars. dogwooddustup.ca for more info.

The Kamloops Social Club is hosting a dance by Vic's Dance Band of Kelowna on May 24th from 7 until 10 pm at St. Paul's Anglican Cathedral at 360 Nicola St. The dance will feature great tunes, and admission is only $15.00 at the door. Attendees also have a chance to win a door prize too!

This year the Legion celebrates 100 years of service. We are offering free membership for the year. Come by the Legion at 425 Lansdowne St (Thurs-Sun) or go on-line at Legion.ca Thursday is Open Mic - come have a dinner (5:30) and listen to some great local music (6:30). Meat draws Saturday and Sunday (2:30-4:30)

Amazing Singing Pop/Rock Accapella Choir's Spring Concert is Friday May 22 at 7 pm at St Andrew's Presbyterian Church on 6th Avenue. Tickets at amazingsinging.ca

Trivia

1. In Norse mythology, what tool did Thor wield?
2. Are pangolin scales made of stones, keratin, or calcium?
3. How many legs does a bee have?
4. Eagles, hawks, and owls are all considered _____.
5. This visual art form uses various small pieces set closely together.

(Flip bottom of page for answers)

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(Over)

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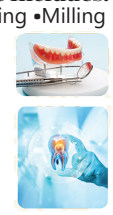
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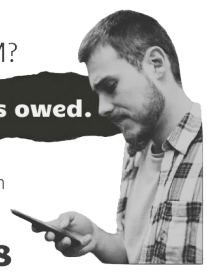
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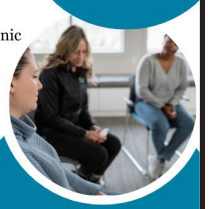
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Your Weekly Horoscopes

ARIES
(March 20 – April 19)

The minor planet Chiron represents how healing your old wounds can help others. Now it is leaving an eight-year stay in Aries. What have you learned? Lucky numbers: 2, 3, 12, 13, 14, 38.

TAURUS
(April 20 – May 20)

This week's new moon offers a chance to set intentions for what you want to manifest. Consider communicating your goals to those who may help you achieve them. Lucky numbers: 7, 11, 16, 34, 35, 43.

GEMINI
(May 21 – June 20)

As the week progresses, think carefully before you speak. If you plan to disrupt the status quo, be sure you are clear about your objective for doing so. Lucky numbers: 3, 9, 14, 17, 25, 44.

CANCER
(June 21 – July 22)

Do you have a project that could benefit from an investment by others? Midweek may be a good time to make a pitch for it. Use a detailed and practical approach. Lucky numbers: 5, 13, 14, 22, 25, 36.

LEO
(July 23 – Aug. 22)

Your natural enthusiasm may be heightened at the end of the week. Others may be open to your ideas now. But be careful not to promise more than you can deliver. Lucky numbers: 8, 23, 27, 34, 40, 45.

VIRGO
(Aug. 23 – Sept. 22)

Service to one's community is an important Virgo theme. Over the next year, you may feel motivated to review and make any needed changes in this regard. Lucky numbers: 9, 13, 20, 29, 32, 38.

LIBRA
(Sept. 23 – Oct. 22)

Libras can struggle with setting healthy boundaries. For the next year, your interactions may focus on finding the right balance of power among all involved. Lucky numbers: 4, 11, 18, 27, 35, 47.

SCORPIO
(Oct. 23 – Nov. 21)

Scorpio is called a fixed zodiac sign. This pattern can include a tendency to dig in your heels on what you want. Be careful at midweek because a stalemate may result. Lucky numbers: 1, 5, 6, 7, 13, 48.

SAGITTARIUS
(Nov. 22 – Dec. 21)

You may find that your heart and mind are not in sync at week's end. If you can't find a compromise, try waiting a few days to make important decisions. Lucky numbers: 14, 34, 35, 37, 41, 46.

CAPRICORN
(Dec. 22 – Jan. 19)

Capricorns often project a serious demeanor. But you may have a chance at week's end to adjust your communication style to make it more dynamic and vibrant. Lucky numbers: 10, 12, 15, 30, 34, 39.

AQUARIUS
(Jan. 20 – Feb. 18)

Aquarius feels deeply about humanity's evolution. At week's end, the astrological energy may boost your ability to effectively communicate your vision to others. Lucky numbers: 11, 14, 28, 30, 34, 42.

PISCES
(Feb. 19 – March 20)

The energetic environment this next year may encourage you to consider your service to others. Flexibility could help address challenges you may experience. Lucky numbers: 6, 8, 16, 26, 37, 39.

Lucky numbers this week: This week's odds favor Leo winners with the luckiest number being 27.

Did You Know...

Night walks: Charles Dickens battled insomnia by pacing the streets of London, finding story ideas along the way. At home, he even positioned his bed to face north, convinced it helped his creativity and restored some calm to restless nights.

Smooth style: In ancient Egypt, beauty often meant removing every bit of body hair, even from the scalp. Women used seashells as tweezers, rubbed pumice stones, or tried early wax made from bees and sugar to keep skin bare.

Pants pastime: The Finnish language has a word for drinking at home in your underwear. Called *päntsdrunk*, it's viewed less as loneliness and more as a lighthearted ritual of comfort, showing how language can capture unique cultural habits.

Rainbow harvest: Each ear of Glass Gem corn reveals a mix of bright colors, from deep violet to soft gold, shining like beads of glass. What began as a farmer's breeding project became one of the most eye-catching crops.

Tail power: When kangaroos walk, their tails don't just help with balance, they help push the animal forward. Acting like an additional leg, the tail adds power and stability, letting kangaroos move in a way that's different from other animals.

On the Lighter Side

Knock! Knock! *Who's there?* Howdy? *Howdy who?* Howdy-locious are those cookies?

Why did the poet have to find a proper job? He realized rhyme doesn't pay.

Before thimbles were invented, a lot of people got stuck without one.

Ants have antennae, but shouldn't they be called antlers?

Dad: "Son, why are you home from school early?"
Son: "I was the only one who could truthfully answer the question, 'Who broke the window?'"

Answers

Trivia answers: 1. Hammer 2. Keratin 3. Six 4. Birds of prey or raptors 5. Mosaic

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